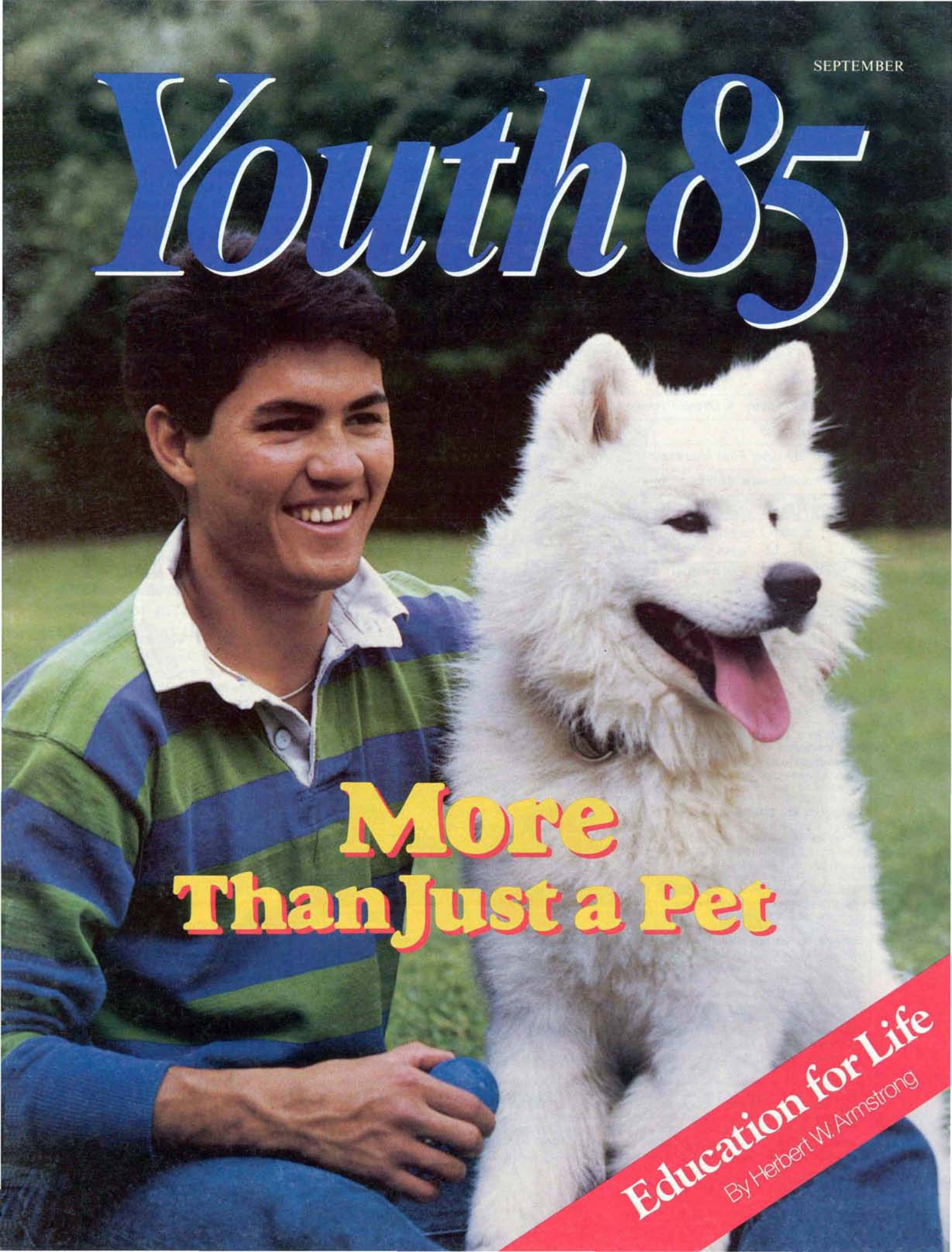
SEPTEMBER

Youth 85



More Than Just a Pet

Education for Life

By Herbert W. Armstrong

September

Youth 85

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Contents:

Education for Life	1
A High That Won't Let You Down	3
What They Don't Teach You in School	5
News That Affects You	7
"They Say I'm Shy — I Guess I Must Be!"	10
More Than Just Pets	11
"I Just Need Someone to Talk to"	13
What's It Like to Be a Teen in Tokyo?	15
Ideas Plus	18
Teen Bible Study: A Sneak Preview	21
Dear *Youth 85*	23
Reader By-Line: First Impressions	26
Youth on Camera	27
By the Way . . . "I'm Not an MCP!"	28

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COVER: Some of man's best friends are animals! Loyal, genuine and caring — they're "More Than Just Pets"! See the article starting on page 10. Photo by Nathan Faulkner.

Letters

"Why Not?"

Just to thank you for your article "Why Not?" (*Youth 85* March issue). It helped me and encouraged me not to easily quit but to try to solve [my problems], and to read more of your articles.

P.C. Pacchunga
Mizoram, India

"The Wonderful World Tomorrow — and You"

I enjoyed [Herbert W. Armstrong's] article, "The Wonderful World Tomorrow — and You" in the February *Youth 85*.

I also liked the article by Lynn Marshall [" 'Six Months That Changed My Life' "]. Even though I'm 14, I do think about my married life in the future. I really haven't taken the time to really appreciate what my mother does for me. I complain almost always with having to help with the housework, but didn't realize how lucky I am. I . . . probably wouldn't be able to handle cleaning the house all by myself for even three days. I guess I have a lot of character left to build.

Angela Lees
Lafayette, Indiana

Posters

Thanks so much for the article "Who's That Hanging on Your Wall?" in the May edition. It gave me a new understanding of my posters. I have two posters of basketball stars. Those posters have really inspired me to put out my best for everything I do. The rest of my posters are of animals. They help me to appreciate nature. I don't get to see much of it since we moved in town. Again I want to thank you for the wonderful article.

Melissa Seachord
Dallas, Texas

"Beware of Mistaken Identity"

I would like to thank everyone who helps put together *Youth 85*. I especially appreciate Mr. Dexter H. Faulkner's article "Beware of Mistaken Identity" in the February issue. It's helped me to understand why my mother was so strict about not letting my sisters and I wear our brothers' clothing. She was most particular about the buttons being on the right side for boys and the left side for girls.

Mother hasn't yet had time to read the article but when she does I can just hear

(Continued on page 25)

Education for *LIFE*

By Herbert W. Armstrong

Is there a way you can learn not merely how to earn a living, but how to LIVE?

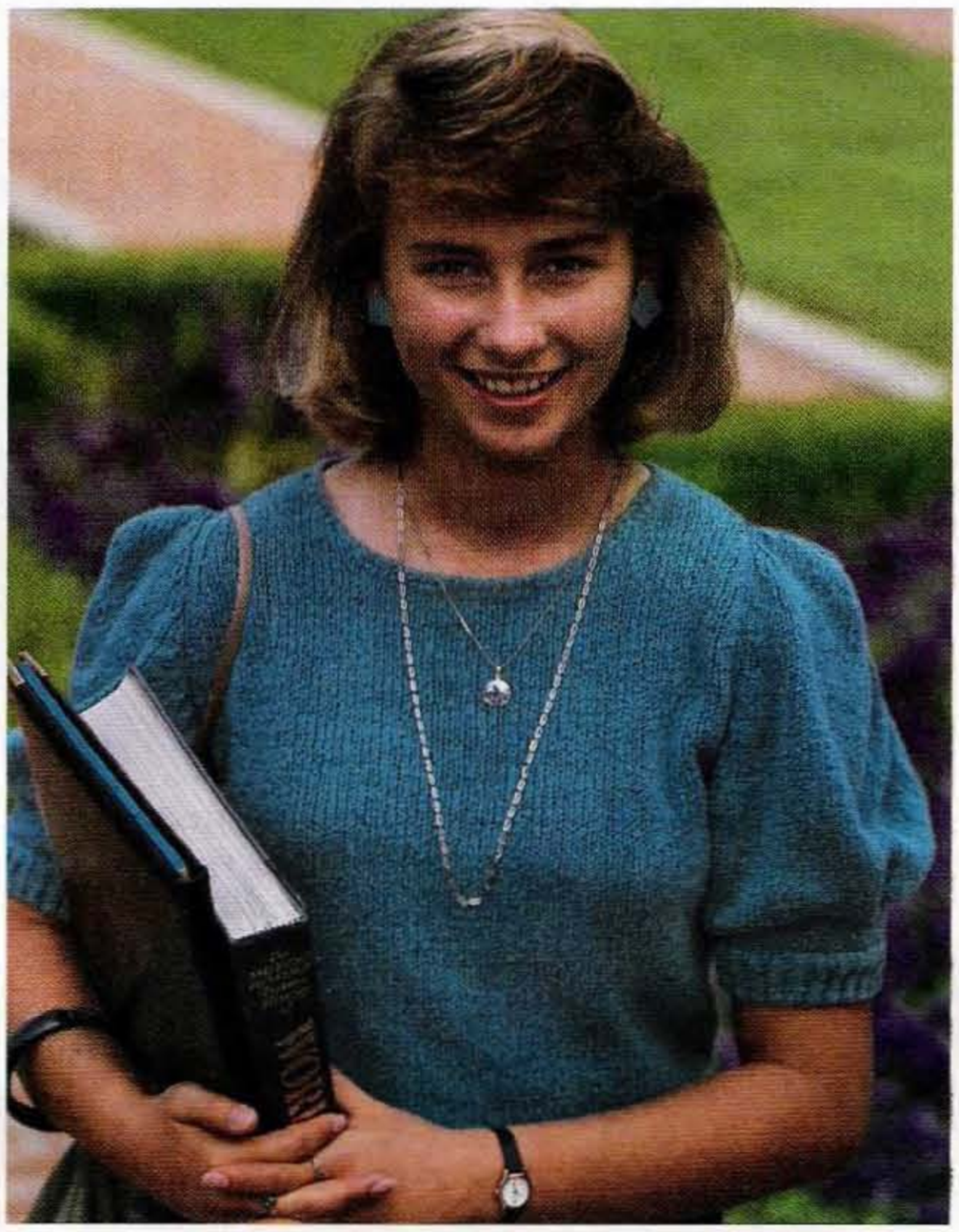


Photo by Kevin Blackburn

Is a man truly educated unless he knows WHAT HE *IS?* And unless he knows WHY he is, whether there is any purpose or meaning to life, and what that is?

And unless he knows *where* he is going in the end? And unless he knows the *true* values from the false and THE WAY to such desired conditions as peace, happiness, prosperity and the enjoyable, pleasant and *interesting* life?

Right now many high school seniors are facing the problem of whether to go on to college — and if so, *which* college. If I were a young man or young woman facing that question, I'm very sure — knowing what I know now — that I would want to know *which* college or university teaches these things. I'm sure I'd want to attend the school of higher learning that would teach me not merely how to earn a living — pardon me, I mean an *existence* — but the one that would teach me HOW TO *LIVE!*

Did you ever wonder why it is that nearly everybody wants to live a life that is pleasing, enjoyable, interesting — without boredom, aches, pains, suffering or unpleasant environments or circumstances?

And yet, nearly everyone experiences a HUNGER for something that will really SATISFY; and yet, somehow, he never finds it except at brief intervals that never seem to last.

When this work of God was only about two years under way — or three — in Eugene, Oregon, and I was, most of the time, preaching in evangelistic campaigns about six nights a week, broadcasting every Sunday, editing and mimeographing *The Plain Truth*, and counseling with scores of people, I found the need of something relaxing — something to get my mind for a little while off these serious problems and this driving activity. My wife Loma D. Armstrong and I found a total change, mentally, in attending occasional basketball games at the University of Oregon basketball pavilion, MacArthur Court. At that time the University of Oregon had a team of sophomores and one senior that looked like a "comer."

And sure enough, in their senior year these boys went on to win the first national championship — late winter of 1939. That was the first year the National Collegiate Athletic Association (NCAA) had a national play-off leading to a national championship.

At such games one will see

Nearly everyone wants a life that is pleasing, enjoyable, interesting. And yet, nearly everyone experiences a hunger for something that will really satisfy. Why?

thousands being thrilled by scintillating play. Are these basketball fans enjoying life? If you ask them, at the moment, the answer might be, "*You bet!*" Are they bored? Not during the excitement of the game! Do they feel a sort of mental, emotional or spiritual hunger? Not during the thrill of the game.

But after the game — then what? Why, after the game is over and the fans have gone home, do they experience a letdown — until the next game, or the next experience of some pleasure?

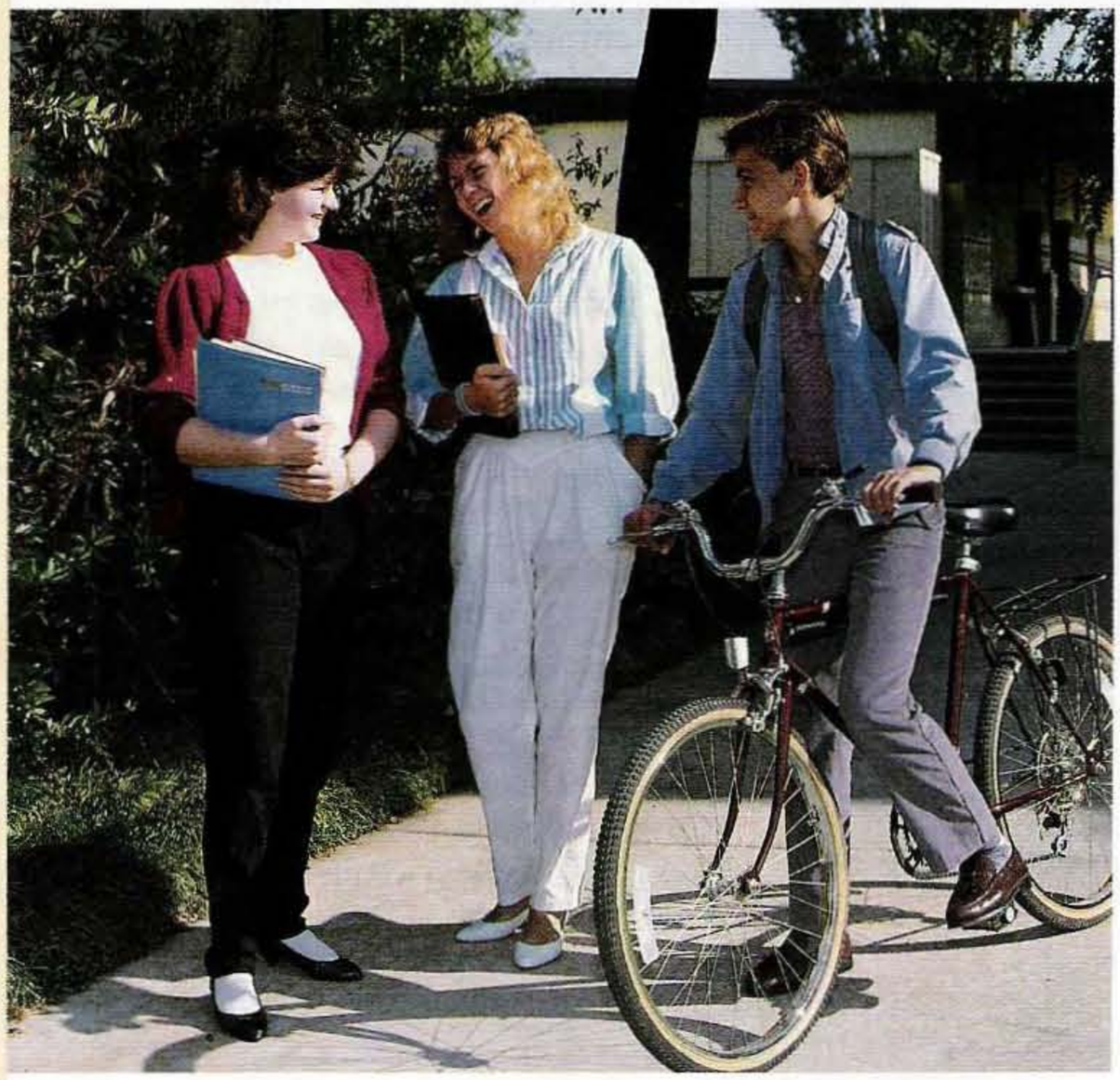
I got to wondering. After the game, *I* don't experience any letdown. *I* don't have to suffer the experience of EMPTINESS, boredom or this sort of soul hunger — whatever it is — until the next exciting entertainment. As a matter of fact, I find my life interesting, invigorating, stimulating, satisfying and abundant *at all times!* It is tremendously exciting at times. But it is *never* boring, *never* dull, *never* discontented!

WHY? What's the difference?

I know what's the difference. I want to tell you what it is.

The answer is bound up in the questions I asked at the beginning of this article.

I have learned WHAT man *IS!*



Should life be exciting and interesting only at times? Learning how to live, the purpose of human life and the secret of full, abundant, interesting, enjoyable life — this is education for life with no letdowns. (Photo by Nathan Faulkner)

I have learned that man was put on this earth *for a* PURPOSE, and I have learned what that purpose *IS!* I have learned HOW to fulfill it. I have learned WHAT the *true* values are, and what are the false. And I have learned the secret of a full, abundant, interesting, enjoyable life! Not merely during a basketball game or some occasional entertainment! *ALL* THE TIME!

I have learned THE WAY to peace of mind, to invigorating, satisfying, always interesting living. I have learned WHY I am here, WHERE I am going and THE WAY to get there. I'm *on my way* there now, and the journey is more interesting than I can tell you! There's never a letdown. There used to be — years ago, before I learned these answers. But not anymore!

Yes, if I were a young man graduating from high school, I'd look for the college or university that would teach me WHAT I am, WHY and what are the TRUE VALUES. I'd want to learn something more than merely a profession for earning an income. Money can't buy happiness or contentment, or the things that *really* satisfy — CONTINUALLY, without ever a letdown.

And I not only know these answers, but I know also that there is only ONE PLACE ON EARTH where a student may learn these answers that are worth more than all the money in the world.

But, for that matter, when you learn these answers and *apply* them, you don't have to worry about money — for the very application of these principles *brings* economic security.

The only academic institutions on earth that teach these MOST IMPORTANT areas of knowledge are the two Ambassador College campuses of Pasadena, California, and Big Sandy, Texas.

People remark that they never have seen such a *happy* atmosphere as the Ambassador College campuses.

"Why, all your students seem to really *enjoy* life," they say. "They seem *alive, alert,* full of spark and *interest* — and HAPPY!"

"You're right," I reply. "They DO — and they *ARE!*"

But don't think you already know the full reason why. *You don't!*

I thought I did; yet I did not know the full answer until recently. When we *STOP GROWING* in knowledge, we're *through.* I don't propose to be through yet — if keeping my mind open to *new* truth, when it is PROVED to be truth, will keep me going. I think I can guarantee the answer will surprise you. □

Photo by Hal Finch

A High That Won't Let You Down

By Clayton Steep

It's true! There is something that works better than "chemicals" — and without any bad side effects.

Maybe you yourself are not a user of drugs, tobacco or alcohol. But chances are you know someone who is.

Chances are you know where these "chemicals" are available. Chances are you know who in your school or neighborhood has them. Most young people do or could easily find out if they wanted to.

It is actually surprisingly simple in many areas to obtain these substances. Those who have used them are aware that they can make a person feel high. At least for a while. That's one of the main reasons so many people are attracted to them. They like the

feelings they may experience by using them.

Another of the reasons young people start using drugs, tobacco or alcohol is that they want to do what friends do. They want to be accepted by the circle they travel in. This is a powerful force, as you well know.

A third reason is the example shown by many adults. On television, in the movies or even in person, young people often see adults getting drunk, smoking, using drugs or popping pills of some kind.

Besides that, who is it that grows the tobacco and markets it in its various forms? Who makes the drugs and operates the smuggling rings? Who produces the alcohol and promotes its overuse? Mostly adults, unfortunately. That's no excuse for young people to become involved, but it happens to be a fact.

What the adult generation should be showing the younger generation is that there is a better way, that there is something better than depending on chemicals. *Youth 85* is doing just that.

The simple truth is that there is a way of life that is so enjoyable and rewarding that those who live that way have no need to depend on chemicals. This is the way of life designed by the God who made and rules the universe. He created human beings. He knows what is good for us. To help us live the way that produces peace and happiness, He gave us His laws.

Those who live God's way of life know it is better because:

It makes you feel good deep down inside. It is genuine. The feeling produced by drugs and such stimulants is artificial. It is a physical, chemical reaction. It doesn't come from within, from the heart.

There is no letdown. The good feeling God's way gives is lasting. It doesn't wear off. It keeps getting better and stronger. The enjoyment chemicals give only lasts for a short time — a few minutes or hours. Then it dies off and a person feels down again — maybe even more down than before.

It gives you peace of mind. Yes, peace of mind because you know you are doing right. Peace of mind because you can rely on God's help whenever you need it, if you are seeking to live His way. That is comforting to know. Chemicals don't give any peace of mind. What they produce is feelings of guilt and shame after they wear off.

It is free. Money, lots of money, is spent in order to smoke, use drugs and misuse alcohol. God's way is without price.

It doesn't damage your health. New evidence is constantly being uncovered that chemicals can cause cancer, heart problems, nerve damage and a whole long list of bad side effects, not to mention injuries suffered from accidents while under the influence.

It's not worth it. You only have one body. Why ruin it? Why make yourself sick and old looking before your time? God's way shows how to improve and preserve health.

It won't blow your brain. God's way makes you feel sharp and alert and ready to deal with reality. Chemicals dull and can permanently damage the mind. People often use them because they are afraid and want to escape their fears. When God is on your side, however, you don't have to be afraid of anything.

It prepares you for the future. The future is coming. It's not possible to hide from it or prepare for it by overdosing on chemicals. Any who are thinking of one day finding a good job, for example, need to ask themselves: Who is going to hire a drug addict, a drunk or someone whose health has been ruined by smoking? Who is going to hire someone who didn't get good grades because his or her mind was dulled so much of the time by chemicals?

God's way of life prepares a person for the future in the present world and also for an even greater future in the world tomorrow. Learn about that future. Keep reading *Youth 85!*

God's way assures happiness and well-being. It is far better than chemicals can ever be. □

There is a way of life so enjoyable and rewarding that there's no need to depend on chemicals!

What They DON'T Teach You in School

By Bernard W. Schnippert

I wasn't at the top of my class in high school, but I wasn't at the bottom either, so apparently the teachers thought some students knew even less than I did!

Now that's scary!

Because, looking back, there are many things that I didn't learn in high school — vitally important things. Things that can make the difference between happiness and total frustration in life.

And what's worse, I wasn't the only one who didn't learn these things. Even those who graduated ahead of me weren't taught them, because my school made absolutely no attempt to teach these important things.

Please don't get me wrong. My school was first-rate, and many of my teachers were excellent. And, most probably, if my former teachers were writing this article instead of me, they would have a few suggestions about how I could have done a bit better myself.

Your school probably doesn't teach you how to date or be a good husband, wife or parent. But you don't have to learn by trial and error!

My school did indeed teach me all the usual subjects, like reading, writing and arithmetic. But I have had to find out, to my dismay, that my school didn't even claim to teach some of the most important things I should have learned somewhere along the way.

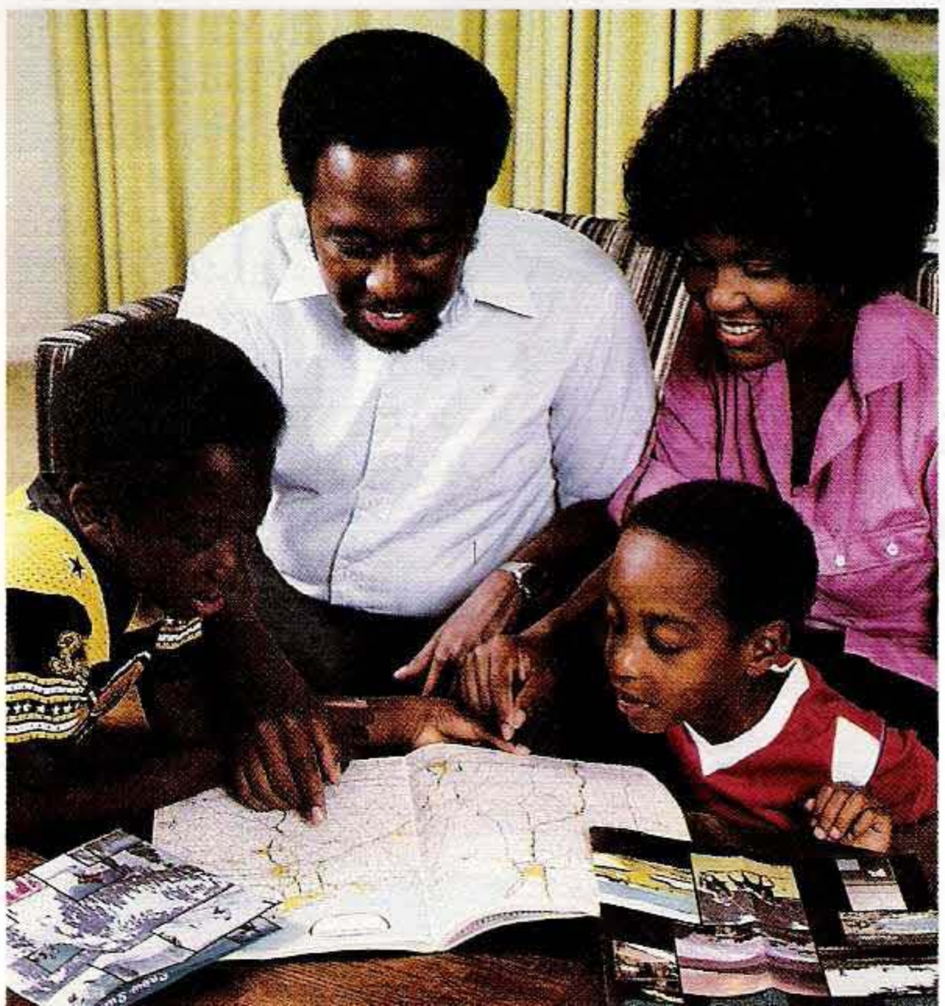
Like what?

It just comes naturally?

Well, like how to date, for example. Oh, I know that you may not think that anybody needs to be taught how to date. After all it just comes naturally, doesn't it? Most people seem to think so. They just charge in and start dating as soon as their parents say they can. But to be frank, dating is complicated business and is full of potential dangers (such as having a miserable time, being pressured into sexual experimentation and the traumas of romantic involvement).

And when you stop and think about it, sooner or later someone you date will wind up marrying you. That makes it a pretty important subject, I think. But although I took advanced mathematics in high school, "Beginner's Dating 101" wasn't so much as listed on the schedule of classes. A pity.

Another subject I didn't get in high school was how to be a husband. Once again, I suppose, everybody (including myself) took it for granted that being a good husband "just comes naturally." It doesn't.



To be honest, it can be far easier to find the area of your house in square feet or meters than it is to find the right way to treat your wife or husband in order to build a solid home. I suppose that is why we have so many nice houses but so few good homes and happy marriages. You don't have

Photos by G.A. Belluche Jr and Warren Watson

My school didn't even claim to teach some of the most important things I should have learned . . .

to pass a course in marriage to get your high school diploma.

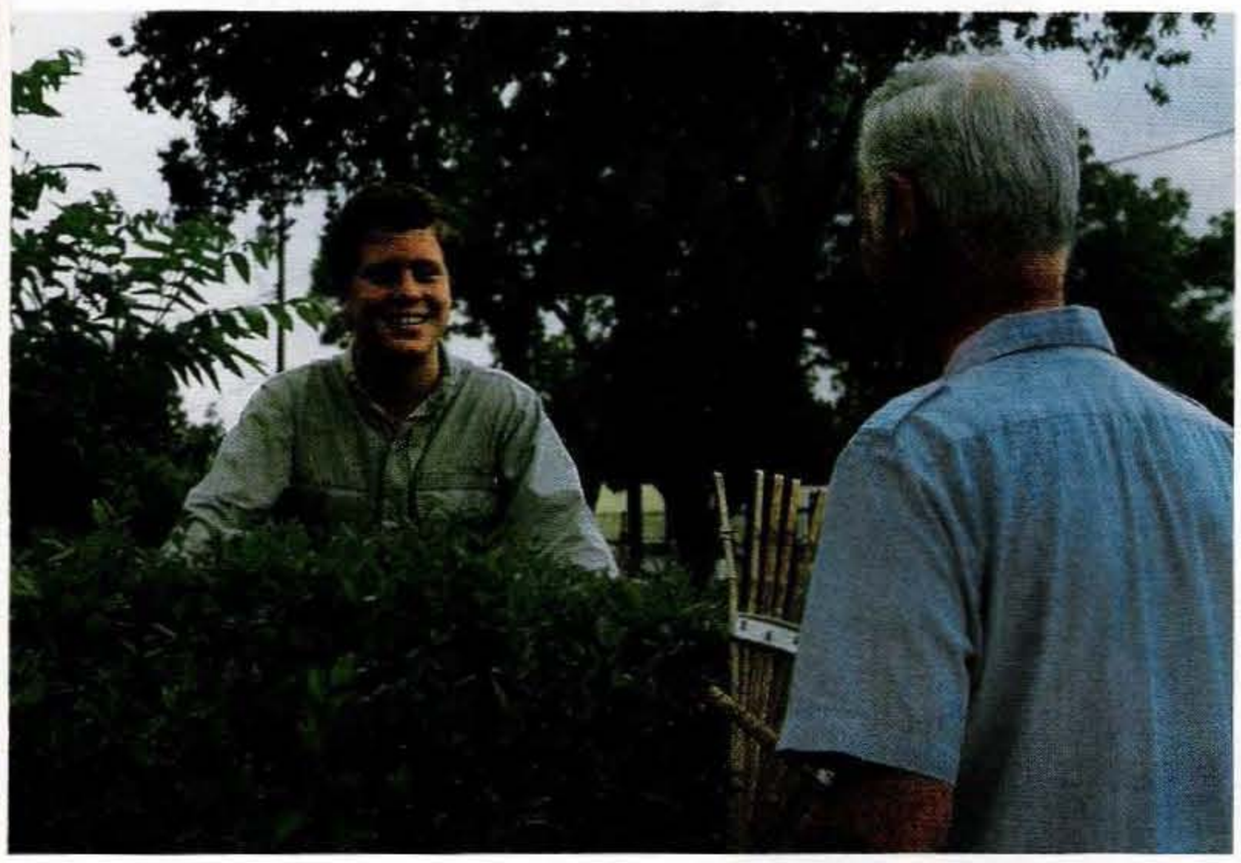
Another subject I missed in high school was how to be a good parent and raise nice kids. Thinking back, it's no wonder that we didn't have a required course in raising children. After all, billions of people have had billions of kids over thousands of years of the earth's history and nobody ever had to pass a test in child-rearing skills before being allowed to have them.

Still, the mere fact that other people have had kids and their kids grew up OK (most of them, that is), isn't a big confidence builder when you finally have a baby of your own who cries its lungs out at 2 a.m. for no apparent reason.

It would have been nice for my high school to at least acknowledge the overwhelming odds that someday I would be a parent and may want to know just a bit about what to do with a young child. After all, why should I be able to calculate the compounded interest of the hospital bill for my daughter's birth (and round it down to the nearest thousandth of a dollar, no less) and yet not know how to change a diaper when my wife goes to the store?

Wars in the neighborhood

Still another thing I didn't learn in high school was how to get along with my neighbors. Sure, back in social studies class we sat around and discussed the whys and wherefores of the various wars occurring in far-flung corners of the globe. And, to be frank, most of us thought that these nations were silly for fighting, and that, if we were one of the leaders, we would be able to make peace quickly.



Does your school teach you how to get along with your neighbors? Social studies classes teach us about conflicts around the world, but where can we learn how to make peace? (Photo by Warren Watson)

Well, maybe we could make peace with someone halfway around the world. But, believe me, trying not to fight with a neighbor next door whose dog howls all night or who plays music loudly till 3 a.m. is tough indeed. And that is not to mention those kids next door who constantly fight with my children. I wish I could have learned the keys to help me solve the wars right here in my neighborhood.

Maybe the biggest thing I didn't learn in high school was this: Why am I alive? Once again, it just seemed that everyone took for granted that you knew why you were alive — what the purpose of life is — and we didn't need to have it explained to us. Or else everyone just assumed it didn't matter.

All I can say for sure is that my high school took great pains to teach me to read and write and count and understand geography and social studies and an awful lot more, without ever getting around to telling me why I was alive in the first place. (For more about this, read "Education for Life" on page 1.)

Perhaps with further thought I could come up with even more subjects that I didn't learn in high school. But you get the idea. The point is this: My school taught me how to earn a living, but didn't teach me how to live!

Do you know why? I do. And I don't blame my old teachers one bit. One of the reasons they did not teach me how to date, how to be a good husband or how to be a good parent was because most of them didn't know how to do these things themselves. Nobody, it seems, ever told them either!

I did eventually learn about a lot of these things (although I am still learning, too) because I went to Ambassador College where, believe it or not, there are lectures on these very subjects.

But don't conclude from this that high school is a total failure and that I am suggesting quitting now before you waste any more time. I am not. Quite the contrary, you desperately need to know how to read and write and count and understand science and lots of other things they do teach you in high school and college. It is just that high school simply doesn't go far enough to teach you about the other, vital and important aspects of how to live that I have mentioned here.

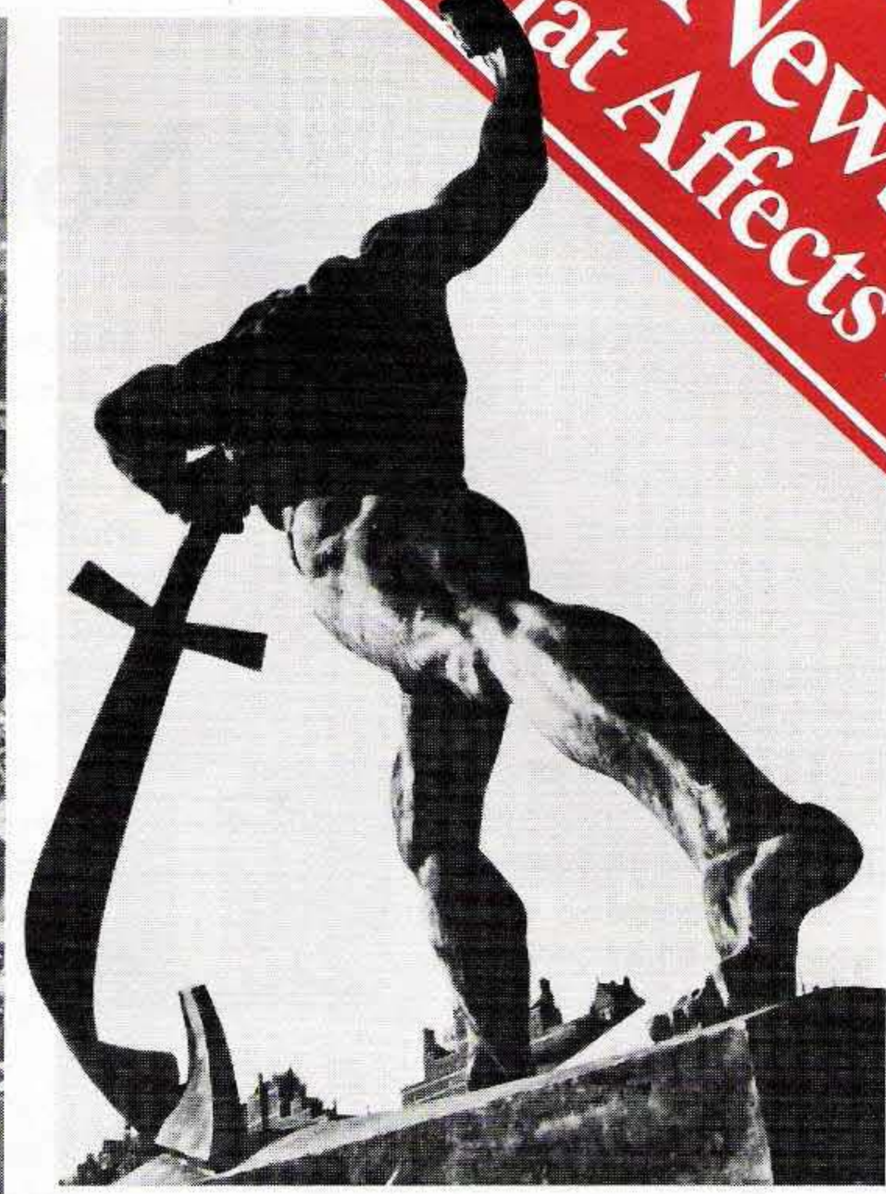
So what are you to do?

The first thing to do is to grasp this central point: You do not learn everything in high school that you will need to live a successful life. In fact, you do not learn virtually anything about most of the most important subjects.

Second, resolve now to learn

(Continued on page 26)

Photos courtesy United Nations



While the General Assembly meets, a statue outside of UN headquarters pictures Isaiah's prophecy of swords being made into plowshares.

Last Chance for Peace?

• The wounds of World War II had just begun to heal when the world's nations pledged "to save succeeding generations from the scourge of war, which twice in our lifetimes has brought sorrow to mankind." With those words, the United Nations was born 40 years ago.

How effective has the UN been? In its economic, social and humanitarian efforts, backers claim, the UN has scored many successes.

But its critics are quick to point out that in its primary mission — keeping the world peaceful — the track record isn't as good. Today, about 40 major and minor conflicts rage around the globe, involving more than four million soldiers directly in combat.

To help achieve its goals, the UN has six major parts, all headquartered in New York City except the International Court of Justice, which is in The Hague, Netherlands. The UN now has 159 member nations around the world.

But some say their efforts have been in vain. Since its founding 40 years ago, more than 100 armed conflicts have killed roughly 16 million people. "Since the end of the Second World War there has not been a single day which the world was free of war," says Dr. Frank Barnaby, former director of the Stockholm International Peace Research Institute.

Will the UN's goal of world peace ever be achieved? Inscribed on a marble wall at UN headquarters in New York City is a portion of the prophecy of Isaiah 2:4, symbolizing the ultimate goal of the United Nations:

"They shall beat their swords into plowshares, and their spears into pruninghooks: nation shall not lift up sword against nation, neither shall they learn war any more."

The first portion of this prophecy — not quoted on the marble wall — provides the answer to how worldwide peace and prosperity will ultimately be achieved: "He [God] shall judge between the nations, and shall rebuke many people . . ."

If you would like to read more about this subject, write for our free booklet, *World Peace — How It Will Come*. Our address is on the inside front cover. — *By Gene Hogberg and Ron Toth* □

Cocaine: It's Not a Harmless High

• How much do you know about cocaine? Try this quick true-false test:

1. Cocaine is not addictive.
2. Because of its cost, cocaine is used mostly by rich people.
3. Cocaine has few side effects.
4. Cocaine use is declining.

How did you do? Would you be surprised to learn that *none* of the above statements are true?

While cocaine was once so expensive that only few could afford it, cocaine costs have come down so far that virtually anyone can readily buy it.

Costs have fallen so far that today it's actually cheaper in some areas of the world to purchase a gram of cocaine than to buy an ounce of marijuana.

The U.S. National Institute on Drug Abuse reports that 17 percent of U.S. teenagers used cocaine at least once during 1983 and that cocaine use among teens is still rising. In Australia and Europe, drug experts fear a parallel rise in cocaine use.

Many teens extensively using cocaine say they do so because of its euphoric high and seemingly enhanced sense of awareness.

However, tolerance builds after repeated use of cocaine and a higher quantity is required to maintain the initial high. As more is taken, both psychological and physical problems develop.

Sleeplessness, acute anxiety, lack of hunger, paranoia, nausea and chills are but a few of the symptoms that appear during cocaine addiction.

When serious users begin experiencing these symptoms, they often turn to other drugs to help settle the jitters and shakes.

More than 90 percent of users who call a toll-free hot line in the United States, 800-COCAINE (800-262-2463), say they use a variety of drugs to combat the severe reactions brought by extensive cocaine use. As cocaine addiction grows within an individual, he or she often resorts to selling possessions or stealing to find enough money to continue buying the drug.

Despite the initial belief among cocaine users that they can handle it, infrequent cocaine use often quickly grows into addiction. Experts report that teen cocaine users develop severe cocaine-related problems in a little more than one year of use.

If you now use the drug, or have family members who use cocaine, realize the seriousness of cocaine use and get help immediately. Talk to your parents and ask for their help and understanding. Educate yourself to the dangers of cocaine use. Don't unwittingly become a tragic statistic in today's cocaine catastrophe! — *By Michael A. Snyder* □

Part of the explosion in cocaine sales can be blamed on rock cocaine — pure cocaine treated to form hard chunks or rocks that sell for about $25 each.

A rock house, a heavily fortified building used to sell rock cocaine, can earn its owner up to $70,000 a week.

With this kind of money at stake, it's not surprising that in most cities with rock houses the crime rate has soared as rival gangs fight for control of the rock cocaine trade.

In Los Angeles, California, the police have begun using a tanklike battering ram to gain entry to the heavily fortified and armed rock houses.

The ram has cut down on the number of rock houses, but has not cut the cocaine trade much — just moved it elsewhere. As Lt. J.R. Schiller of the Los Angeles Police Department said, "The drug level is still at an astronomical amount." — *By Lowell Wagner Jr.* □

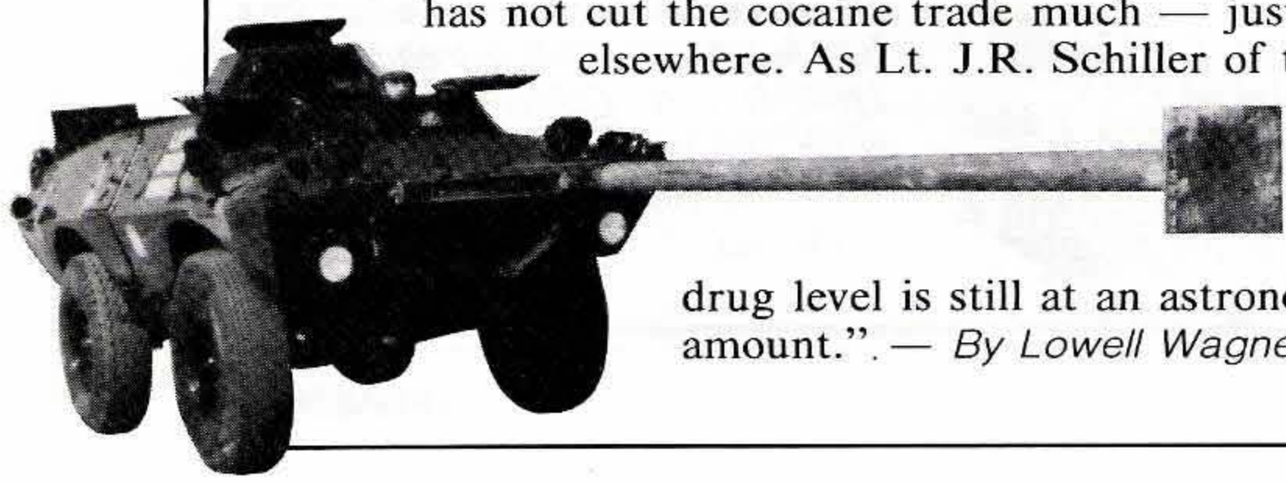


Photo courtesy Los Angeles Police Department

The Sky's the Limit

• Chicago's Sears Tower, at 1,454 feet (436 meters, 110 stories) is the world's tallest building (shown at right). But people are looking past the Sears tower — dreaming of buildings 150, 200 or even more stories.

One of the biggest problems with buildings this high is elevators. In a super-tall building, they would eat up huge amounts of space. To make room for them, some architects feel, elevators would have to be self-propelled and be able to jump back and forth between hoistways.

Wind is the next big hurdle. It can cause tall buildings to sway back and forth, causing walls to crack and elevators to bang against their shafts. It can also cause people in the building to get seasick. And who wants to rent an office that makes you seasick?

Architects have been able to minimize the effects of wind on today's skyscrapers by using designs that stiffen the buildings. But for the taller ones now being designed, imaginative new ways to cut down on the effects of wind will be needed.

Beyond these technical difficulties, though, are some more mundane problems — from zoning laws to paying for the whole thing.

But all these problems won't stop the architects. As New York architect Vincent DeSimone told the New York *Times*, "I could come up with 6,000 reasons why this is an improbable, impetuous, unsound building, but we're an industry of optimists."

So they keep dreaming of taller buildings.

Architect Robert Sobel has done studies to see just how tall a building can go. "We did 500 stories, but there is no reason why we couldn't go 1,000 or more stories." — *By Lowell Wagner Jr.* □

Can You Speak Japanglish?

• It's hot out — the hottest day of the year. You've been working hard. You're tired, you're hot and, most of all, you're thirsty. You stagger into the kitchen, reach into the refrigerator and grab a can of Sweat.

Sweat? Indeed. Pocari Sweat, to be precise. It's a made-in-Japan, lemon-lime flavored drink. It's great stuff when you're hot and . . .

What's that? You say you wouldn't drink *anything* called, of all things, Sweat?

Well, you're not alone. When the makers of Pocari Sweat first sold it in the United States, they were puzzled by the slow sales.

Then someone discovered that in English the word *sweat* is not considered an appetizing description for a beverage. Today, the Japanese are still guzzling their Pocari Sweat while Americans drink Pocari.

This is one of the most famous examples of a language people call "Japanglish" — not quite Japanese, but not quite English.

The Japanese love English. They put it everywhere and use it in some amazing ways.

OK, some examples: A television show called *Music Tomato Japan.* A restaurant that promises, "You can wining and dining." In the display window at a men's clothing store, a sign proclaims, "Men enjoying the liberty mind to change in to the enriched time." A store called "Zoo Dynamic Franchise Chain System No. 36." A sweat shirt bearing the words, "Pumpkin Cry WA! Escape Safely."

Japanglish is everywhere in Japan as these packages — with their Japanese and English side by side — show. At left, Pocari Sweat before and after. (Photos by Kevin Blackburn)

Then there are the product names — a soup called "Kitchy," a candy named "Carap" and a chocolate bar called "Crunky" — not to mention some of the amusing ones in the above photo.

Lest we non-Japanese get too bigheaded about all this, let's not forget Pepsi's goof in Taiwan. They mistranslated their "Come Alive With Pepsi" ad so that it came out "Pepsi Brings Your Ancestors Back From the Dead."

And there is also the U.S. government official who, trying to tell a crowd of Peruvian leaders that he was embarrassed by his poor command of Spanish, instead announced he was pregnant.

Far from being embarrassed, the Japanese don't even seem to notice. They just seem to be having a lot of fun with this language called "Japanglish." — *By Lowell Wagner Jr.* □

Photo by Wide World

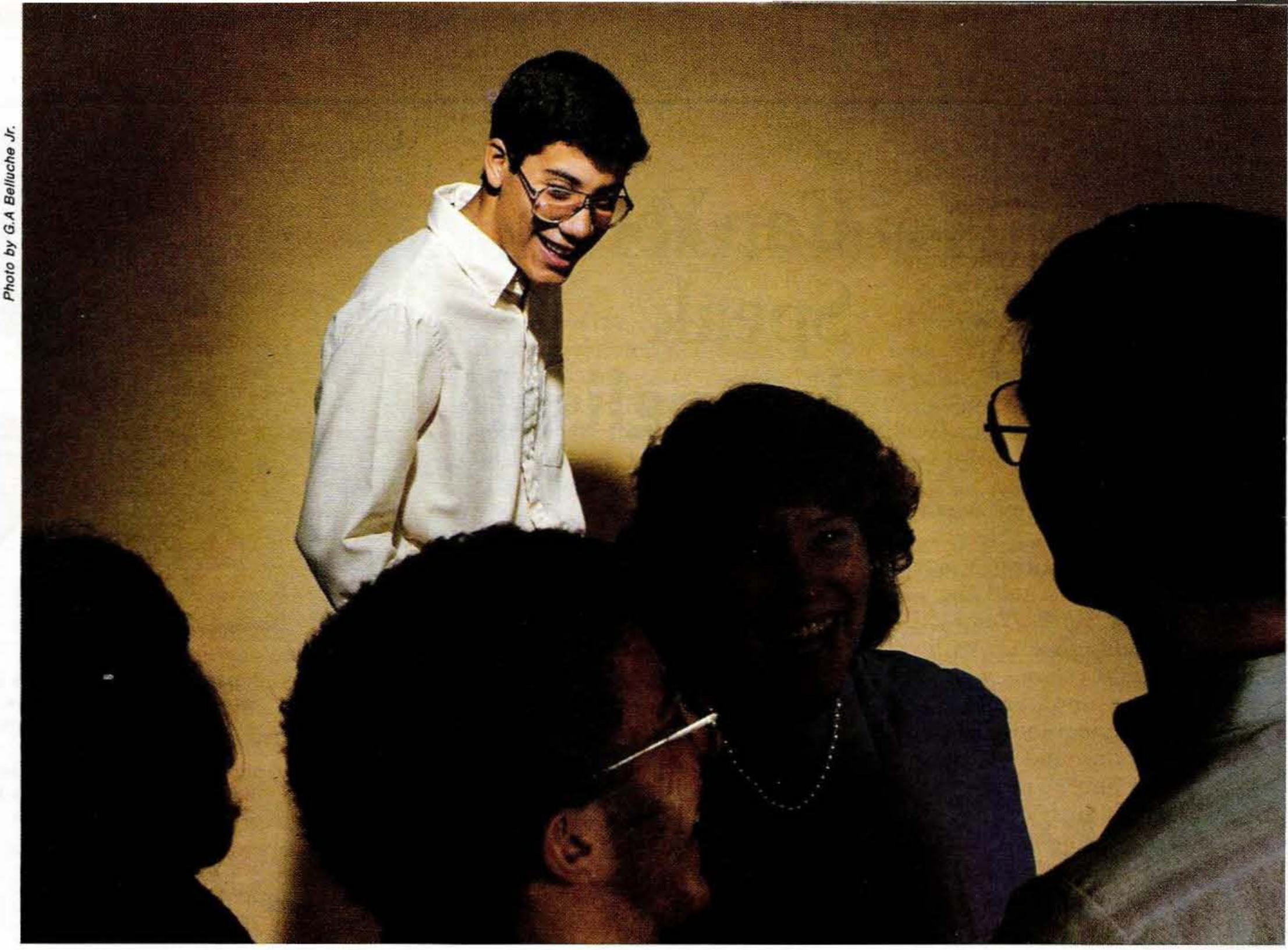


Photo by G.A Belluche Jr.

'They Say I'm Shy- I Guess I Must Be!'

By Graemme J. Marshall

Shyness — the pros, the cons and tips on using it to your advantage.

If you've ever been called shy, you know it doesn't sound like a compliment.

It often starts when you're very young. Someone says you're "quiet," and from then on you carry the label *shy*. You end up believing that you're below average in social and conversational skills.

But being thought of as shy has a positive side, although there are pitfalls to avoid.

What is shyness? For many people it suggests being difficult to approach, hard to get to know, retiring or reserved in nature, being uncomfortable in the presence of others.

Yet many people who have been called shy would point out this uneasiness is only with strangers, not with friends. For some, shyness only causes mild discomfort, while for others it results in unreasonable fears.

It's universal

Most people experience shyness at some point in their lives. Young people have more of a problem with it because often adults have learned how to overcome or to mask their youthful fears. But many adults go through life afflicted by it.

Shy people generally find it difficult to interact with others socially. They often find it difficult to make "small talk," address a group, dance or handle a formal dinner occasion with ease. Some blush, some feel intimidated, while others may go to the other extreme of becoming offensive in

(Continued on page 29)

MORE THAN JUST PETS

By Lynn Marshall

Lavishing their masters with love and loyalty — pets have a lot to share!

It was at the chill of dawn. The sun's bright glory rose from behind the mountains, clearing the mist from the valley below.

An Australian grazier (rancher) mounted his horse and rode away from his hillside homestead followed closely by his faithful border collie sheep dog.

There was nothing unusual about this particular morning. This bachelor grazier often started his day this way. Today he was heading out to muster (round up) the sheep in a faraway pasture.

The morning was turning into a glorious, sunny day. The dew shining on the green grass and the sweet scent of the yellow wattle tree blossoms made him feel good to be alive. He urged his horse to a slow gallop down a gentle, grassy slope to head off a flock of sheep.

Suddenly his horse's hoof went into a concealed rabbit hole, sending the horse and rider somersaulting down the slope. The horse got to its feet unhurt. But its rider had a broken leg and spinal injuries that temporarily paralyzed him.

For three days and nights the man lay there unable to move. His faithful dog stayed with him, lying on him to keep him warm during the cold nights.

In the heat of the day, the dog would make frequent trips to a nearby water hole. There he would swim and then, without shaking the water off, race back to his master and lay across his chest — enabling the injured man to suck the water from his coat. Then the dog would shake himself over his master's body to keep him cool as there was no shade where he lay immobilized.

The grazier was eventually found by searching neighbors, and on a doctor's examination was found to be, apart from his injuries, in remarkably good condition for the time he had spent exposed to the harsh elements of the southern Australian climate. Thanks to a loyal, intelligent sheep dog!

A story of sacrifice

The scene changes to the northern end of the vast Australian continent — to the tropical Gulf Country.

The day was one of those unbearably hot ones when around the hush of noon everything slows to a complete halt.

After a hard morning's mustering, a grazier decided to rest his herd of cattle in a cool, shady area by a riverbank. Leaving his dog, Rex, to keep a

Ever wonder why dogs have been called man's best friend? It's because they have often displayed some of the positive character traits we admire most in our friends. (Photos by Nathan Faulkner)

Something about the loyalty and self-sacrifice of animals touches the heart.

watchful eye on them, he went off for a refreshing swim.

The man was only in the water a few minutes when he heard his dog barking frantically and running up and down the bank. The dog then jumped into the river and swam out toward his master. This was most unusual, for Rex was not a lover of water.

Looking around, the grazier saw what first appeared to be a log floating toward him, but to his horror he realized it was a huge crocodile. He knew he had little chance of outswimming the crocodile, but he put everything into that frantic dash to shore.

The grazier did reach the riverbank, but looking back he realized why the crocodile hadn't caught up with him.

His dog had bravely swum out in front of the crocodile to intercept long enough for his master to reach safety. But now Rex was in the jaws of the massive reptile. As the man watched helplessly from the bank the crocodile submerged. The man knew he wouldn't see his brave little friend Rex again.

These moving examples are *true* stories. They are just two among many thousands of similar stories that could be told from around the world.

There is something about the loyalty and self-sacrifice of animals that touches the human heart. There is much we can learn from the animal world.

Dogs, as we have seen, have a lot to share. Horses too can teach much from the way they can be trained to jump obstacles much higher than themselves and at times with enormous widths. Or calmly handle cross-country courses over strenuous, difficult and often frightening jumps.

Genuineness

While humans are sometimes easily deceived by someone pretending to be something he or she is not, animals seem to know by instinct whether a human is genuine or not. An animal will not respond in the same way to a trainer working just for the money, as it would to a trainer who creates a partnership with the animal, wins its friendship and bases the relationship on respect, not fear. No living being in a stress situation, whether human or animal, can listen to much beyond its fears.

Genuine trainers — especially those of large animals such as elephants or horses — realize that force and cruelty will not bring the desired result of a relaxed, happy performing animal. They realize that to get the most from the animals, they have to first gain their trust. Then they ask for obedience.

With animals, trust and obedience go hand in hand. Animals will do amazing things — at times seemingly far beyond the limits of physical endurance — for owners and trainers who have

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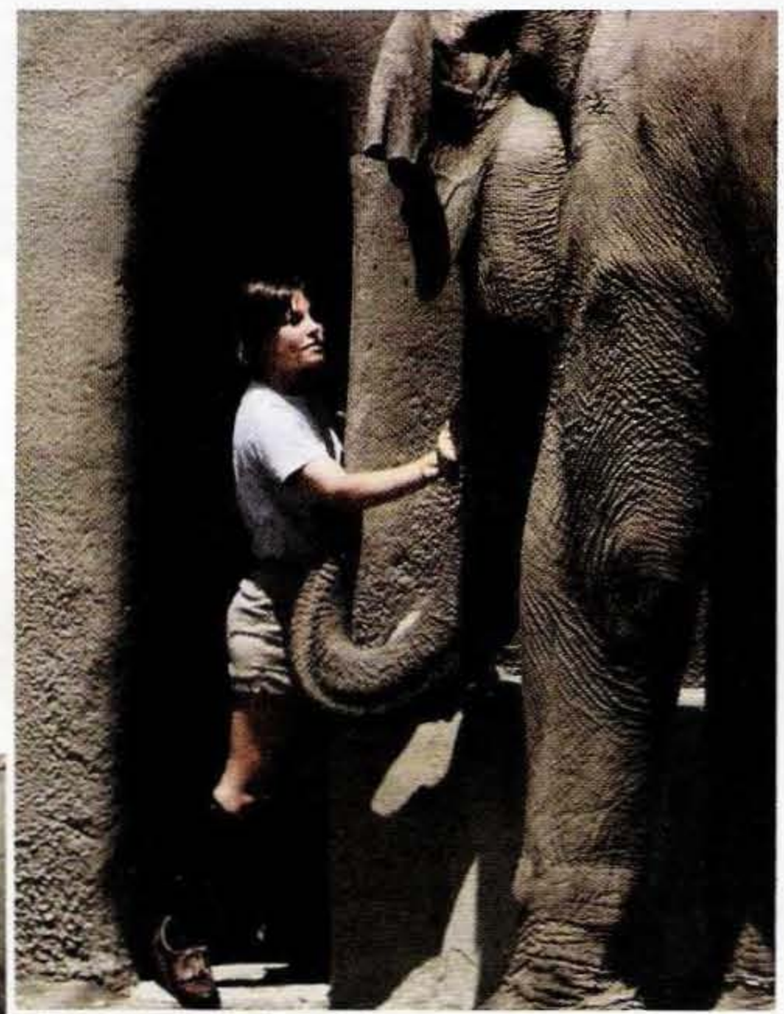
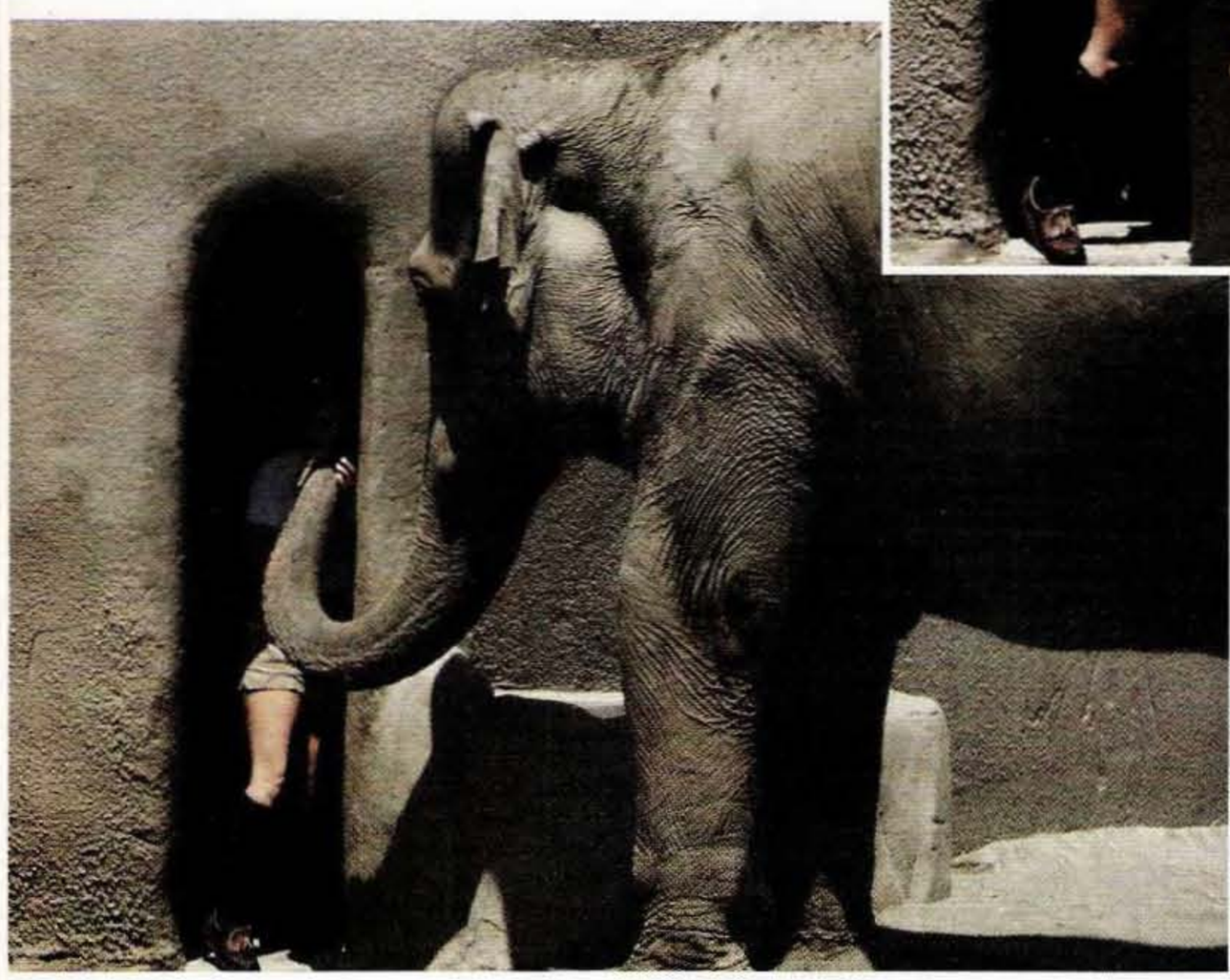
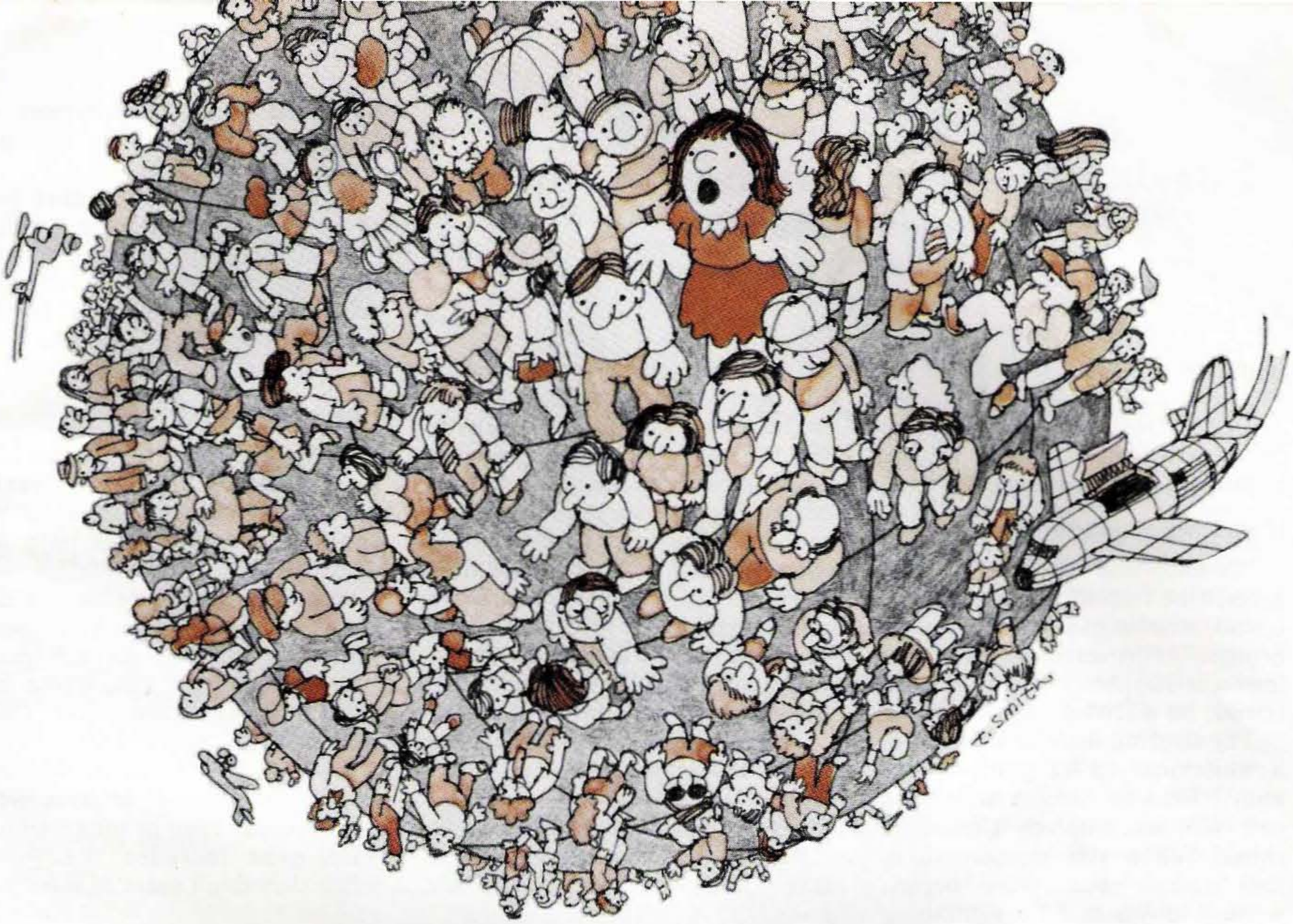


Elephants have been known to test new workers' character. Horses can teach us many important things too. (Photos by Hal Finch and G.A. Belluche Jr.)





'I Just Need Someone to TALK TO'

By Joel Rissinger

Sometimes it can seem like a world without friendships. What should we do when we need a friend?

"I just need someone to talk to," she wrote. "My two best friends don't talk to me anymore."

This letter came from a *Youth 85* reader who was depressed. Her friends had rejected her and she felt like she had no one to turn to.

She didn't know why she felt this way and she suddenly found herself a part of that big, empty world of loneliness. She just needed a friend.

Some people not only battle loneliness, they may have poor health, trouble with parents or they may have lost members of their family.

These various types of difficulties must be handled separately, but it's hard to solve any problem without help. Friends are needed even more when times get tough.

Why do so many of us feel all alone, friendless and discouraged? Why do we search for friendship and come up empty-handed? How should we go about gaining and maintaining friendships?

A book of answers

Where should we turn to find the answers to these questions? Why not turn to someone who was "wiser than all men" (I Kings 4:31)?

And this man, King Solomon, gained his insight from God — the wisest being of all.

God taught Solomon how to be happy by applying God's laws. And Solomon wrote this information down for us to use. That's

Illustration by Terry Smith

If you want a friend, be a friend. To conquer loneliness, we must learn to give friendship.

why we can call the book of Proverbs a book of answers.

Let's find the solution to loneliness in a few of King Solomon's great sayings.

If you want a friend . . .

"A man who has friends must himself be friendly, but there is a friend who sticks closer than a brother" (Proverbs 18:24). The lesson is simple — if you want a friend, be a friend.

Try sending little notes once in a while just to let your friends know that you care. A telephone call will accomplish the same thing. When you do something that makes your friend happy, write it down and do something like it again later. This will help keep your friendship alive.

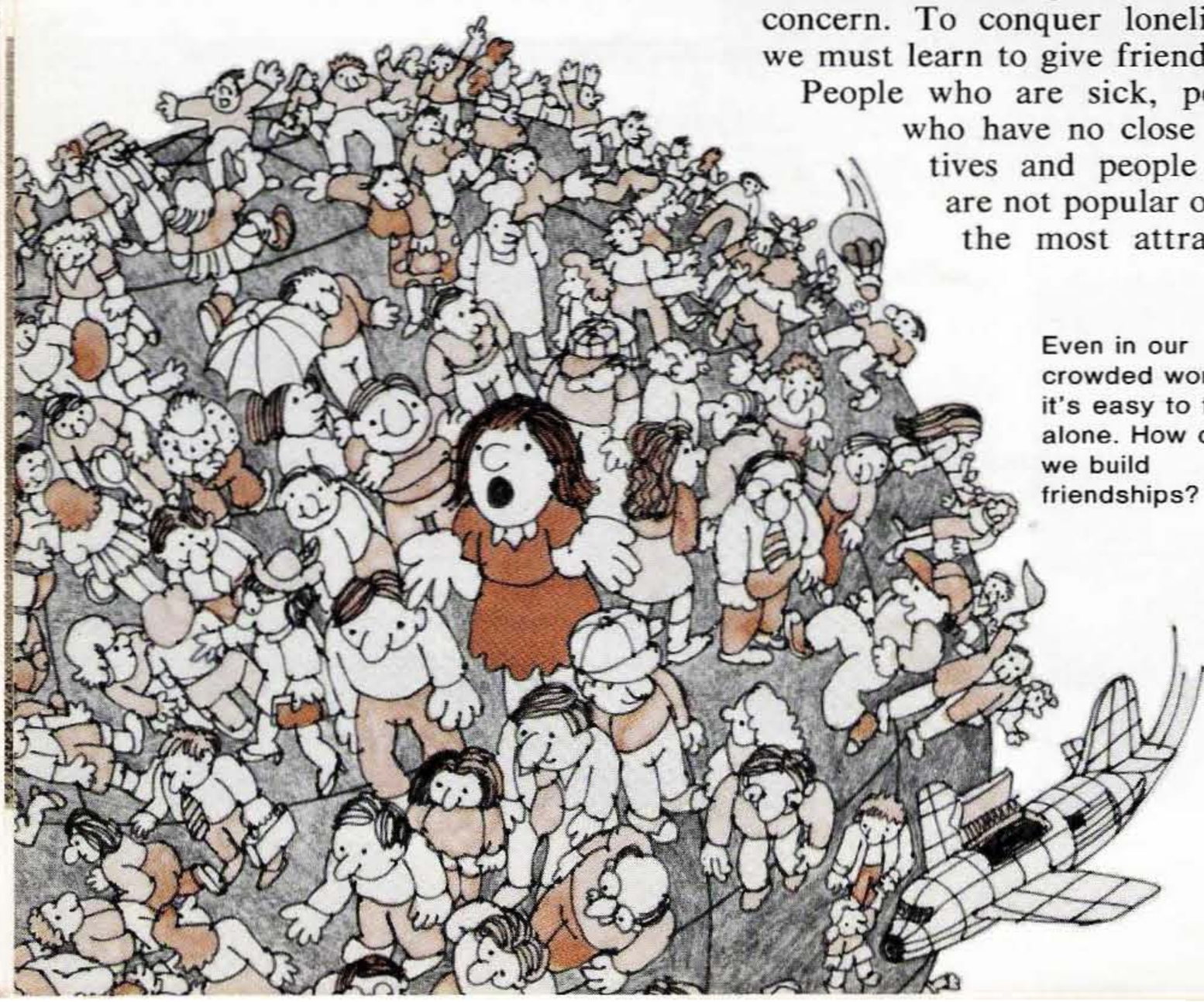
The second half of this saying shows us how to *gain* a true friend. "But there is a friend who sticks closer than a brother." Who is closer than a brother? Someone who sticks with you when everyone else leaves. One way to find a friend is to find someone who needs a friend.

Have you ever gone to a party and seen someone sitting all alone in the corner of the room? Maybe you too were feeling lonely so you didn't pay much attention to him or her. Maybe you even went over to talk to this person and yet he or she was quiet or seemed uninterested in you or what you had to say. If you tried and quit, or if you didn't pay attention to loners, you didn't get the benefits of Solomon's advice.

A real friend doesn't wait for someone to walk up and say: "Hey, you look like an ultra-fantastic person with a lot of talent and good looks! Would you like the honor of being my friend?" A real friend doesn't have time to be lonely because he or she is too busy looking for lonely people to be friendly to.

Editor-in-Chief Herbert W. Armstrong has often said that there are two ways of life — give and get. Give is the way of outflowing love, helping without receiving or even expecting anything in return. Get is the way of take and receiving without real concern. To conquer loneliness, we must learn to give friendship.

People who are sick, people who have no close relatives and people who are not popular or not the most attractive have one thing in common — loneliness. It truly is a cruel world.



Even in our crowded world, it's easy to feel all alone. How can we build friendships?

It doesn't have to be that way though. You can help by giving your friendship to someone in need. In this way, you not only solve your own problem of loneliness, but you help someone else as well.

Constant friendship

Solomon gives more wisdom about friendship in Proverbs 17:17, "A friend loves at all times, and a brother is born for adversity."

When people leave us (as did the two girls who had more important things to do than spend time with the girl who wrote in), they simply show that they weren't real, true friends.

One of the tricks to keeping friendships alive is to stick with your friends even in tough times. This even includes the times when they don't seem to want you around.

When a friend doesn't want us near, it doesn't give us an excuse to reject him or her. We must remain friendly, no matter how long it takes. A true friend is always ready to give to those around him or her as soon as they're ready to let him or her do so.

As Solomon said later, "Do not forsake your own friend or your father's friend, nor go to your brother's house in the day of your calamity; for better is a neighbor nearby than a brother far away" (Proverbs 27:10). Stay close enough to let your troubled friend know you are available, and you'll keep him or her as a friend.

Covering faults

"He who covers a transgression seeks love, but he who repeats a matter separates the best of friends" (Proverbs 17:9). Solomon knew that one of the fastest ways to lose a friend is to gossip about his or her faults. What if your friend rejects you? While you're waiting for your friend to come back, do you tell everyone how bad he or she is? We all fall

(Continued on page 25)

Special Feast Supplement

The World Tomorrow Is for YOUNG PEOPLE

By Frank W. Nelte

This Feast of Tabernacles, get a picture of what you'll be doing during the soon-coming 1,000 years of peace and happiness.

Just what does God have in store for you? You need to know!

The coming world tomorrow

When Jesus Christ returns, true Christians will be changed into spirit beings to rule with Christ as kings and priests (Revelation 5:10). So what does that make their children? Well, the children of kings are known as *princes* and *princesses!*

So the children of true Christians can look forward to being able to help and teach and to be honored by other humans.

What a wonderful world this world will become under Christ's rule: no sickness, no crime, no pollution, abundant crops, perfect weather patterns, no wars, no armies, no hostile animals, happy families. (For more information about this, see: "Teen Bible Study: A Sneak Preview" on page 21 of this issue.)

But have you stopped to realize that that wonderful world tomorrow, that perfect society, is not really for members of God's Church? It really is for their children.

The members of God's Church will then be spirit beings. They'll be part of God's Family, assisting Jesus Christ in governing and teaching that perfect world. They will see to it that Christ's instructions are carried out to the last detail. But they will not be the ones to do the physical building of that society, nor will they be the ones to benefit most from the ideal physical environment.

Photo by Hal Finch

The actual restoring of the old wastes, the planting and reaping of bumper crops and the building of beautiful homes and cities will be carried out by humans. And the teenagers from God's Church will help lead and share in the benefits from that society.

In Zechariah 8:23 God talks about that time: "In those days ten men from every language of the nations shall grasp the sleeve of a Jewish man [figuratively, anyone following God's way, Romans 2:28-29], saying, 'Let us go with you, for we have heard that God is with you.' "

When other people at the beginning of the Millennium find out that a teenager's father or mother is now a member of the God Family — when they discover that the teenager attended God's Church or studied the Church's teachings in this age — then they will look up to that teenager to show them the way.

Those teenagers who strive now to learn God's way are then going to be in high demand!

A new society

The Bible shows that the surface of this earth will be dramatically changed. Mountains will be brought low. Land will appear in many areas now covered by oceans. Deserts and polar ice caps will become fertile and habitable. The surface of this planet will receive an incredible face-lifting.

And then God will need thousands to be pioneers! Have you ever envied the pioneers of yesteryear — like Christopher Columbus, Marco Polo, Vasco da Gama, Captain James Cook and David Livingstone, to name just a few? Well, the achievements of the pioneers of tomorrow, who are being trained today, will pale into insignificance anything people in past ages may have accomplished.

Farmland will have to be opened in new areas where no human has set foot. With

(Continued on page 8)

YOU Essay Contest

What I Would Change in the World and Why

Out of nearly 1,000 entrants, Philip Helmuth and Minette Burks were chosen as the winners of the 1985 YOU Essay Contest.

Philip, 19, from Vista, California, took first place in the senior division. Minette, 14, from Shreveport, Louisiana, won first place in the junior division for the second straight year.

Philip's and Minette's essays may inspire you to think of why this world urgently needs the return of Jesus Christ and the beginning of the world tomorrow that the Feast pictures.

They may also get you to thinking about the jobs you might be doing to help solve these problems — soon!

By Philip Helmuth

The world we live in today is desperately sick. All around we see wars, famines, crime, pollution and depravity. There is so much wrong and so little right in the world that I find it hard to choose just one thing to change. However, there is one word that I think could change the course of history, if not completely, at least enough to make life more bearable. That word is: *courtesy*.

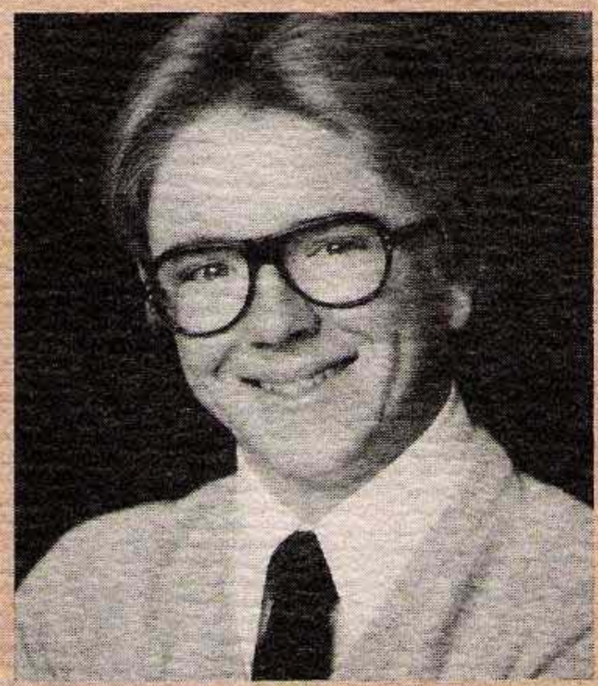
At the risk of oversimplifying global troubles, I feel every problem man is plagued with today could be solved if each person would be courteous to those around him.

Imagine this: You are driving down a busy street at rush hour. The traffic is crawling at a snail's pace, yet not one horn is honking because all the people know that blaring horns don't make traffic move faster. You park your car, get out and begin walking down the sidewalk. No one jostles you or crowds you out of the way, and when you need to cross traffic to reach a doorway, the other pedestrians make room for you to pass.

Now take that idea a step further. Imagine a country where there is no welfare system because there is no need for one. The elderly and the disabled are cared for by family and friends. Crime is almost nonexistent. The citizens have everything they need. Employers pay fair wages and when someone is out of work or having financial trouble, friends and family help that person until he is working again or can support himself. There is no juvenile delinquency because families are close-knit and stable.

If you take an environment like this even further, you begin to see that nations coexist peacefully. War is gone because the governmental leaders know that it only causes suffering for thousands of people in and out of their own country. Disputes are instead resolved at a negotiation table in an atmosphere of trust and respect.

"But," some people may ask, "why should I be courteous to someone else if he or she is not courteous to me?" This attitude



Philip Helmuth

Minette Burks

brought the world to the point it is today.

The world at large does not understand the principle of giving to others. Being courteous may not bring a person national fame and great prestige. It probably won't even earn that person a "thank you." But it will bring that person a sense of personal satisfaction. He will no longer need to spend his time thinking of ways to take revenge on people who are not courteous to him because his attitude will have changed. He could even save a life.

For example, perhaps someone is making an illegal U-turn on a busy street. A discourteous driver may say, "He deserves whatever he gets," and accelerate to try to pass the other driver. The other driver may not see him and thus an accident will follow. A courteous driver, on the other hand, may not like what the other driver is doing, but he or she will allow that driver to complete his turn, leaving him a clear path and preventing an accident.

However, there is an even more important reason for being courteous. By being courteous you are practicing the way of give, and the way of give is God's law.

All of us can rest assured that no matter how much we are abused or taken advantage of for our courtesy, we will be rewarded at a future time because God has told us so. We are told by God to be lights to the world and the best way to do so is by being courteous to others. Because courtesy is so lacking in our society, a courteous person is like a bright light shining out of darkness. We are recognized instantly by our good deeds, and soon people will begin to see that we are happier and more at peace with ourselves. They will then want to capture that happiness for themselves by emulating what they see, and so the wave of courtesy begins to spread.

In that manner, one person *can* make a difference. With this in mind, think then how much more widespread the change can be if 100, 1,000 or even 100,000 people are living this way. One hundred thousand people may not seem like much in comparison to the massive global population, but even a mighty redwood tree must start as a single cell.

Happiness tends to rub off on the people around us, and courtesy leads to happiness. We won't change the entire world by our example, but we can make a positive impression and make someone's life better for a little while. It is the responsibility of each of us to do our best at being courteous and to give the world a shining example to follow.

If the people in this sick world learned to be more courteous, life would improve for all. Even one person being courteous can make a difference in someone's life. Our only hope for a completely changed world, however, is the return of Jesus Christ, and by our prayers and our example to the world, we can pave the way for that better world and share in its fruits when it arrives. □

A Wish for Cindy

By Minette Burks

Recently I went to apply for a job at a day-care center. The moment I entered I knew that I did not want to work there. It was pitiful! Children were everywhere — fighting, crying or just sitting there staring into space.

There was one little 3-month-old girl in a playpen. She was crying consistently and the attendant was complaining because, "Cindy wants to be held *all the time.*" What would be the crime in Cindy having her own mother hold her, feed her and rock her to sleep? Why can't Cindy live in a wholesome family where she and her parents are close and can share one another's lives?

If, tomorrow, I were to get a phone call and the person on the other end of the line were to tell me that the world was mine to do with what I wanted — what would I change?

Well, there are innumerable things that could be changed or completely eliminated in today's world: drunkenness, drug addiction, abortion, murder, broken homes — the list could go on for hours! But I think that if I narrowed it down to the root of the problem, the item to consider would be the current family concept.

What is a family? A group of people, related by blood, sometimes living together, sometimes not? Is it just people who live together but could really care less about one another?

Certainly not!

A family, a true family, is a group of people who love each other very much and are individually proud to be part of this wonderful gift that God has given us.

This change of attitude would have to be a universal thing. There would be little gain in changing only one family's views, because the child or children in this family could be pulled down by their peers.

I have found that at school I can usually tell what type of family each student has come from. The ones from an insecure family will often be insecure themselves, or they will lean toward unfriendliness or grouchiness. In contrast, the students who have come from a healthy family environment have a positive outlook on life and are generally happy people. This is the type of attitude that everyone should, and could, have.

When you stop to think about it, the family is the core of the world's problems. If children were brought up in an environment where they received individual attention as well as

(Continued on page 8)

On Your Way to the Feast ...

Where are you going for the Feast?

Some far-off land on another continent? Some distant location in your own country? The local Feast site where the church you attend is assigned to go? Or maybe you live right at the Feast site and you will not be traveling this year.

It doesn't matter, whatever your situation is, you can increase the fun you will have by taking a little time to plan ahead. You can also improve your grades at school at the same time.

It is all a question of planning. If you are going to travel, obtain some maps showing the route you and your family are going to take. Then make a list of the important monuments or attractions you will be seeing.

You will find that your enjoyment of these sights will be multiplied many times if you dig out a little background information about them. What makes them famous? Why do people make an effort to see them? What is their history?

Even if you are staying in your own city for the Feast, chances are there are places of interest right there. But if you're like most people, you probably could not tell *why* they are known as places of interest.

If you brush up on some of the important facts about your city, you will not only favorably impress the new friends you make at the Feast, but you will make their visit more enjoyable too.

After the Feast, when you return to classes, put the knowledge and experience you have gained to work for you. Let's face it, if you are like most of us, your grades need all the help they can get. Why not put your experiences down on paper, even while you are at the Feast and the information is fresh in your mind? Then, when you get back home, it shouldn't be too hard to smooth it all out in the form of a few extra-credit papers.

This should be especially helpful if you are going to be near an attraction or point of interest that you will be studying in one of your classes. It might be a good idea to tell your teachers where you are going and ask if there is something you ought to see or do and report on.

While we are thinking about planning ahead, why not plan to do something *different* this year? Something you haven't done before.

Consider what is offered at the Feast site you are going to. Maybe there is skating and you haven't skated before. Or riding in a hot-air balloon or deep-sea fishing or hiking, and you haven't done these things before. Or you can probably think of things right in your own city, if that's where you will be for this Feast. Plan to do something for the first time. It will add adventure to your life.

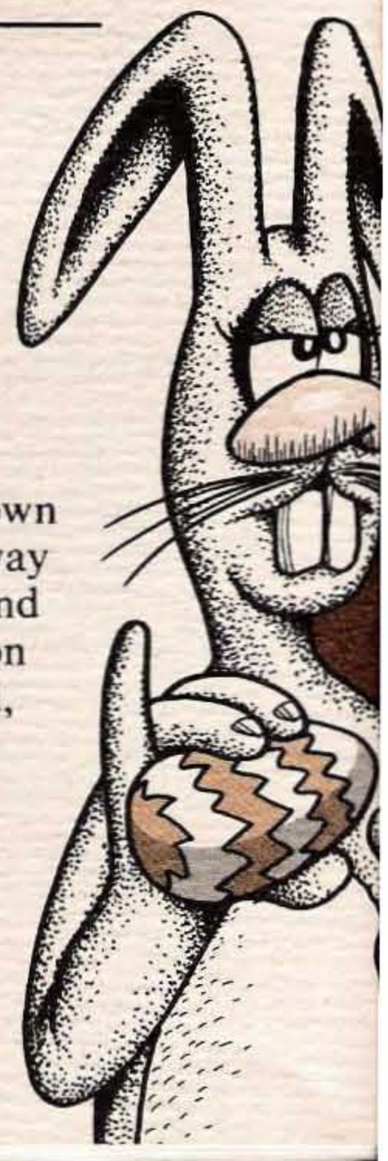
Rather than just letting the Feast happen, plan activities ahead of time. It will make the Feast far more enjoyable and memorable! — *By Clayton Steep* □

Illustrations by Monte Wolverton

And People Think WE'RE Strange!

If you told people you were going to dress up like a witch or a ghost and go door-to-door asking for treats, they would cheerfully wish you good luck. If you mentioned you would be hunting for multicolored rabbit eggs in your backyard, they would think it was great.

But let it be known that you are going away for eight days to attend a Church convention commanded by God, and people look at you as if you are from another world!



You know what? They are right! In one sense, those who obey God *are* from another world — the future one. The holidays of this world are, for the most part, based on ancient customs devised by men to serve their own purposes.

God's Holy Days are meaningful and modern. They are ahead of their time! They point to a time yet to come. The Feast of Tabernacles, for example, helps us to better understand the Millennium and our future role in God's government.

What useful things does this world learn from Easter eggs, Christmas trees, cupids and demonic costumes?

We certainly don't need to be embarrassed about keeping God's Holy Days. Still, it is difficult being the only one in a class or in school who is "different."

If none of your friends keep the Feast of Tabernacles, they will naturally think it is strange that you do. But they will probably still respect you if they know you have good reasons.

When friends ask where you have been, answer with confidence and honesty. "I've been to a convention my church has each year," should be enough. Being secretive or acting embarrassed may give them the wrong impression.

If they want to know more, go ahead and tell them. But don't feel that you have to go into great detail, quote Scripture or try to convince them you are right.

And don't be discouraged if they still think God's Holy Days are strange. It's only temporary. Someday they too will be a part of "your world" and will happily celebrate the Feast of Tabernacles and all the rest of God's feasts.

Then they will understand. Then they will truly appreciate the example you are now setting.

— By Robert C. Taylor □

When You're Left Out ...

"Why me?

"I'm 14 and my father is not in the Church. We live 2½ hours away from church [so] I can't participate in many activities.

"I can't do anything at school because the activities are either on Friday night or Saturday. I don't really want to do anything at school because I love the Church and I love God.

"But sometimes, when all my friends in the Church or at school are able to do something . . . I get really discouraged."

The girl who wrote this letter is not alone. Everybody gets left out sometimes, but it's really discouraging when it happens all the time. Is there anything a person facing this problem can do?

Here are some ideas:

If you have the great blessing of being able to go to the Feast, use it to the full. The Feast is one time when you will be able to be with people in the Church full time. For many teens in far-flung areas around the world, the Feast is the only time to get together with a large group of Church teens.

Take advantage of the activities you can't do the rest of the year. It's easy to let shyness or lack of experience keep you from the fun. Instead, why not make new friends, try new sports, enjoy yourself? If you do these things in balance, and keep God in the picture, you will be sampling the world tomorrow in advance. It will really give you something to look forward to.

At the Feast, why not ask your newfound friends how they cope with the problem of being left out of activities? Some of them may have found some ingenious ways of getting more involved in Church activities even though they live far away or have a parent not in the Church.

It could also be very helpful to talk to your minister about your situation. He may be able to work something out so you can attend more Church activities.

Even if you can't get involved in group activities very often, you may want to develop some of your talents on your own. They will help you have an active life and provide you with interesting things to talk about when you do see your friends on the Sabbath.

For instance, YOU has individual activities you may be interested in, such as essay, photography and talent contests, bowling, golf and maybe you could work out a way to participate in track and field. Check with your pastor for more information.

Besides the Feast, another exciting time of the year for many teens is the Summer

Educational Program (SEP) held in sites around the world. It's not too early to be planning and saving for camp.

These tips and ingenuity on your part can make your life more exciting. But the author of the letter at the beginning of this article went on to explain the most powerful cure for discouragement.

"When I get discouraged, though, there is always one comforting thought. God knows my situation and . . . maybe He put me in the situation for a specific reason. My mother and I have often thought that maybe God was preparing us for a certain job that will be needed in the world tomorrow. I know many people have life a whole lot worse than me so I'm thankful for what I have."

In making the best of her situation, she is preparing for her place in the world tomorrow — a world where no one will be left out. — *By Mike Bennett* □

Travel — Things Aren't Always What You Expect

Traveling to a foreign country can be enlightening, especially when the foods, philosophies, customs and language are different from your own.

The differences can provide some interesting challenges and lessons, according to Samantha Elledge, 18, from Anchorage, Alaska, and Jodi Thomas, 17, from Tyler, Texas. Both girls attended the Feast of Tabernacles in China last year.

Jodi found that the country was not at all like she expected. "We were all nervous about our arrival into China. Much to my surprise, we were able to enter the country easily, and they were very friendly to us. It seemed that everywhere we went we were greeted with warm receptions. Oftentimes a band would be playing and employees of the hotel would be lined up to applaud and greet us."

Photo by John Halford

With the help of the tour coordinator, John Halford, Samantha found a new way of looking at things. "He suggested that we didn't look at ourselves and the Chinese, or any other nation, as the 'have and the have not,' but rather as the 'have and the have different.' "

Samantha learned that there are some good reasons why the Chinese do some things differently. She began to ask herself, "Are my ways really the best?"

One example particularly impressed her. "Mr. Halford told us of a conversation he had with one of the tour guides. The guide had commented about our continued amazement at all the millions of bicycles whizzing to and fro. 'Don't you have bicycles in America?' the guide asked.

" 'Oh yes, but we just don't have as many on the streets as here,' Mr. Halford told him.

" 'But how do the people get to work?' the guide wondered. Mr. Halford told him that Americans drive cars to work.

" 'All the time?'

" 'Yes, almost always.'

"Puzzled, the guide asked, 'But how do they get their exercise, with all that sitting?'

"Mr. Halford couldn't resist. 'They go home and ride bicycles without wheels.' "

Neither Jodi nor Samantha was ready to move and live in China permanently, but they gained an appreciation for a different way of living and thinking.

As Samantha put it, "There is vast room for improvement in China as well as everywhere else in the world. But the experience has definitely helped me think more about what I do and why I do it. It also helps me to realize that my way, my family's way, America's way isn't the only way."

Are you traveling to a foreign land for the Feast this year? Why not see what lessons *you* can learn from the people and life-style in that country? — *By Robert C. Taylor* □

Dear Youth 85,

Q. My parents are both in the Church, and my dad has been baptized for three months now. The problem is that he still smokes and it embarrasses me because the other kids at church know it. What can I do?

A. There are a number of things that you can do. First, you can use this situation as a learning experience. Realize that people (even our own parents) don't become perfect overnight, even though they may be baptized and sincere in their beliefs.

Next, realize that you have nothing to be embarrassed about since the problem is not yours. Your dad and the minister have the responsibility to solve it. And please realize that the other kids, although they may know, probably don't think about it very often, if at all, just like you don't often think about their folks.

If others do judge you because your parents are not yet perfect, then they may have a problem with judging that is far worse than the habit your dad is undoubtedly working on.

Q. I like the Church, but my minister is always pushing me to be in the YOU activities. Sometimes I just don't want to do the things the YOU does.

A. This question really caught my attention. You see, I am a church pastor myself and it made me wonder if any of the teens in my area feel pressured by me. Quite frankly, they probably do at times.

Perhaps it will help to explain why I sometimes push teens to participate. To state it pointedly, I sometimes push reluctant teens to be involved because I see that they will miss out on a good opportunity that I sincerely believe they will enjoy. Usually I feel they are resisting for what I believe to be a poor reason. By poor reason, I mean shyness, timidity or a lack of an adventuresome spirit. One big reason some do not get involved is that they misunderstand what the activity involves or underestimate the fun they will have.

Should I continue to nudge teens toward activities when they seem to drag their feet? Yes, I believe that my reasons are right and I will continue to do so — to a point. I will try to be more sensitive to legitimate reasons teens may have and not make them feel guilty about something if they can't participate.

Your minister probably feels the same way I do and wouldn't want you to feel shoved and pushed into everything he wants you to do. If you do feel this way, tell your parents to explain this to him so he can give you a bit more room for your own individuality.

At the same time, analyze your reasons for not being more involved and see if some of them are really just excuses for being shy or afraid. Push yourself to have fun and you will find that the minister won't have to!

Q. I am the son of a deacon in the Church and my minister told me if I run in track meets on the Sabbath I cannot participate in YOU activities. Yet a girl whose family is new in Church still cheerleads at Friday night basketball games and the pastor hasn't said anything. This doesn't seem fair to me.

A. It may be fair, though, because of the differences in circumstances between you and this teen girl.

Please don't misunderstand. It is never right or good for anyone to break the Sabbath. And cheerleading at Friday night games does indeed break the Sabbath and should not be done. But the minister realizes that people do not change overnight and wants to give them time. And he may know some things about her you have not considered.

In your case, he realizes that your family has come to Church for a long time, and that you know full well what God expects of teens on the Sabbath. Further, he knows that, since you are the son of a deacon, your example will be looked at by others.

But in her case, she is obviously quite new. Her parents may not even be baptized. If so, only one may even be coming to Church at all, and perhaps the unconverted mate is the father who allows the Friday night activities. The minister may allow some participation in YOU activities to help her build friends or to win her interest without being overly strict. He may know that she won't be cheerleading next year.

In other words, the minister's actions may simply show understanding and encouragement to a new person rather than a double standard. Further, you can be sure that he will not allow this indefinitely, and that the time will come when he will require her to choose.

At any rate, realize that anyone who breaks the Sabbath is not getting away with anything. It is a sin and God will not bless the sinner. We should feel privileged to keep the Sabbath and not deprived of something. In the long run you will learn that this is the case. □

A Wish for Cindy

(Continued from page 3)

affection, then when they were older, they would not feel the need to deal in drugs or commit any other crimes. So many crimes that are committed in today's world are centered around problems in the family.

Not all family problems are related to violence. Even so, there are many that are emotionally harmful. Some families have no communication whatsoever. The members go their separate ways each morning and spend their afternoon and evening watching television or alone in their rooms. In that type of family, no one gets to know or love anyone else. There's none of the mother-daughter, father-son relationship that is so important!

If a child lives through childhood with constant criticism, he will learn to put down anything and everything for the rest of his life, or he may go through life thinking that he is worthless and therefore won't make anything of himself.

At the day-care center, while looking over all of these children, I realized that these are the children who will be neglected all of their lives and finally will either run away or will be turned out on the streets with no mature guidelines for adulthood. They will try, for a while, and some of them will make it. Others will just give up and resort to drugs, shoplifting or other crimes.

I am afraid that Cindy has a hard life ahead of her. If I could make one wish for her, it would be that she could be born again, and in her second babyhood she could stay at home with her parents. As she grows, her mother could be there to teach her the things that are so important to preschoolers: how to tie her shoes, how to draw and color. Wouldn't it be nice if Cindy's mother could realize that Cindy would be much better off in hand-me-down clothes with her mother at home than to have the fine designer outfits and to wear them at a crowded day-care center?

In Cindy's new world, after her nap she helps her mother bake a cake. At 5 o'clock Cindy's daddy comes home and she rushes out, laughing, to meet him. Then, while Mommy fixes supper, he'll bounce her on his knee while they exchange stories of their day.

Dinner is pleasant and the chocolate cake delicious! Afterward, Daddy helps Cindy with a bubble bath while Mommy does the dishes. Cindy bathes and splashes around, making "bubble beards" and giggling. Then Daddy carries her on his shoulders off to bed where he reads to her and they say their prayers together. Cindy goes to sleep with no dread or worry about the new day that lies ahead of her.

It is too late for my wish to come true for Cindy. But, hopefully, when Cindy has a little girl of her own, we will all be living in the wonderful world tomorrow where her child's days can go as pleasantly as the one I've just described.

Though it is too late for Cindy herself — someday, in one way or another, my wish for Cindy *will* come true! □

World Tomorrow

(Continued from page 1)

Christ's guidance, cities are going to be built that would boggle the minds of today's architects and town planners. Industries and commerce need to be developed in ways that are completely foreign to today's economists.

Some will have to set the example in establishing happy families that practice God's way of life. Some will have to set the example by living in accordance with all of God's health laws. With guidance from God, thousands of inventions are just waiting to be "discovered." Recreational activities will not be based on competition, vanity and laziness as they are today.

Trendsetters will be needed!

A unique opportunity

Adam rejected God's ways. Since then humanity has been cut off from God. Today's teenagers are the first generation in the history of this world with the opportunity to build a perfect society. No generation since Adam has had that chance.

That's a big responsibility. God is not going to make any mistakes. So teenagers in God's Church are being tested as to whether God will be able to use them.

You may be the only one in the whole class — or even the whole school — who knows something about God's truth. To reject the ways the other kids do things means to be rejected by them, and no one wants to be made fun of or rejected.

Yes, it's often very tough. But it boils down to this: Either seek the approval of other kids by being just like they are, and face a future without hope — or seek God's approval and possibly face a certain amount of persecution and ridicule, but then look forward to pioneering God's way of life in the incredible future.

Remember: Young people are not going to have opportunities for leadership positions in the world tomorrow simply because of how their parents have lived.

Of course, the decisions at first were strictly the parents' — it wasn't the teenager's idea to come into the Church. But somewhere along the line, as a teenager gets older, the decisions must become his or her own.

You are standing at the brink of a new age! God plans to use you to pioneer a perfect society. What a mind-boggling challenge! That is God's goal for you. How will you respond? □

This article is adapted from the September, 1985, *Good News*.

Photos by Warren Watson and Kevin Blackburn

What's It Like to Be a Teen in TOKYO?

What do eating raw fish, going to Disneyland and wearing kimonos have in common? They're all part of teen life in the world's second largest city: Tokyo, Japan.

Although Tokyo is best known for its automobiles, cameras and modern electronic gadgets, the life-style there is shaped by long-standing traditions.

When Tokyo was founded, it was named Edo, which means "estuary" — where the river meets the sea. On the banks of three major rivers, much of Edo was marshland. The site was considered ideal for rice farming, but not so great for a city.

Nevertheless Tokugawa Ieyasu established Edo as his capital when he became shogun, or military dictator, in 1603. He reclaimed much of the marshland and took advantage of the rivers for transportation. Edo went on to become the largest city in the world by the mid-1700s. In 1868, the city was renamed Tokyo, meaning "eastern capital."

For Japanese young people, the most important part of daily life is school. School activities take up six days a week. According to the *Japan Pictorial*, by the time a teenager is graduated from high school about one half or even two thirds of his life has been directed toward the day when he will take his college entrance exams.

In the job market, the college a student attended often counts more than what was studied or what grades were achieved. Therefore, students do all they can to be accepted at the best schools.

Employment after graduation is generally for life, so it is important to attend the best

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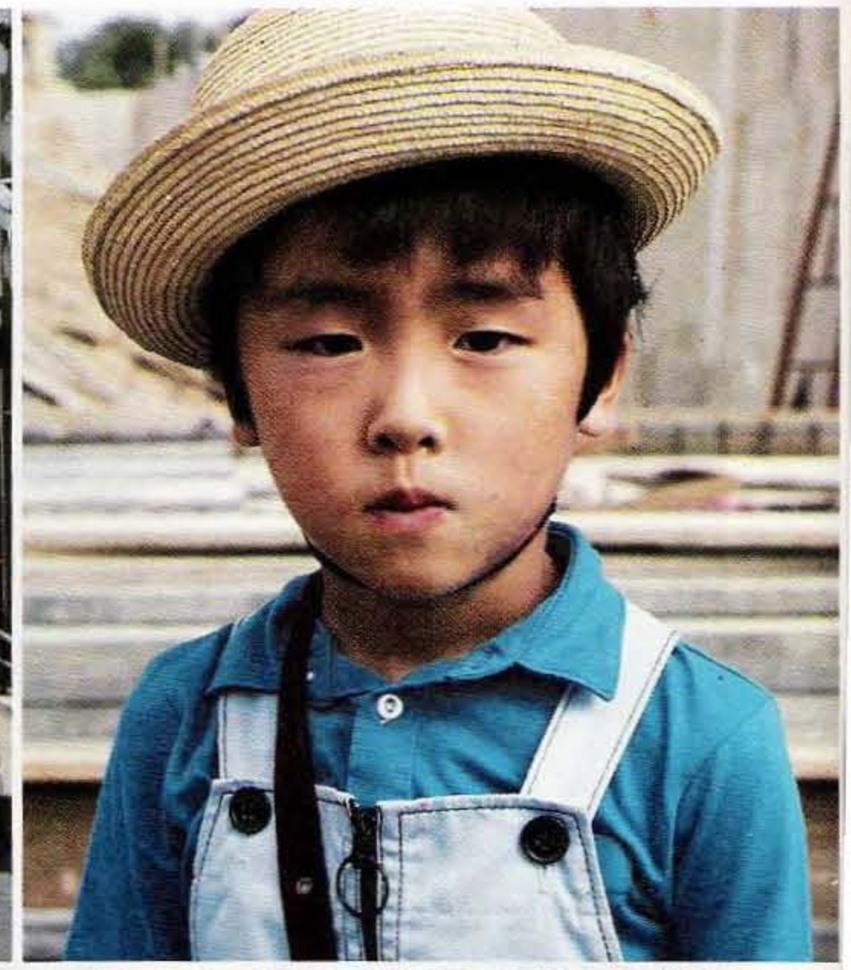
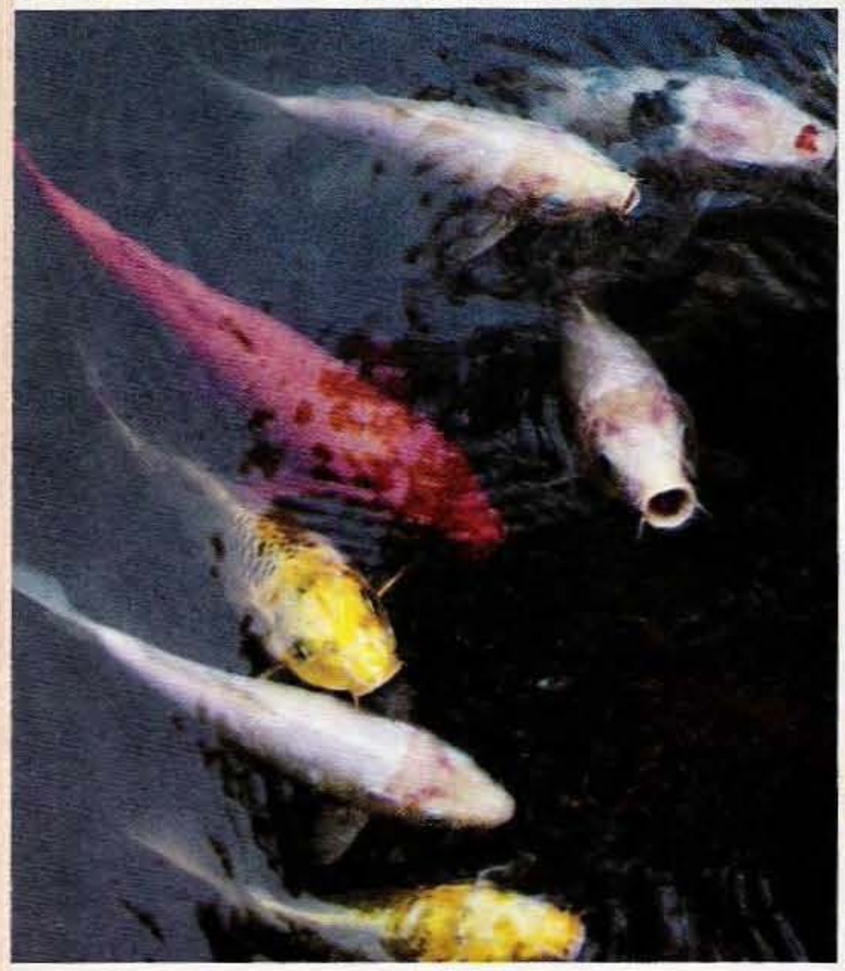
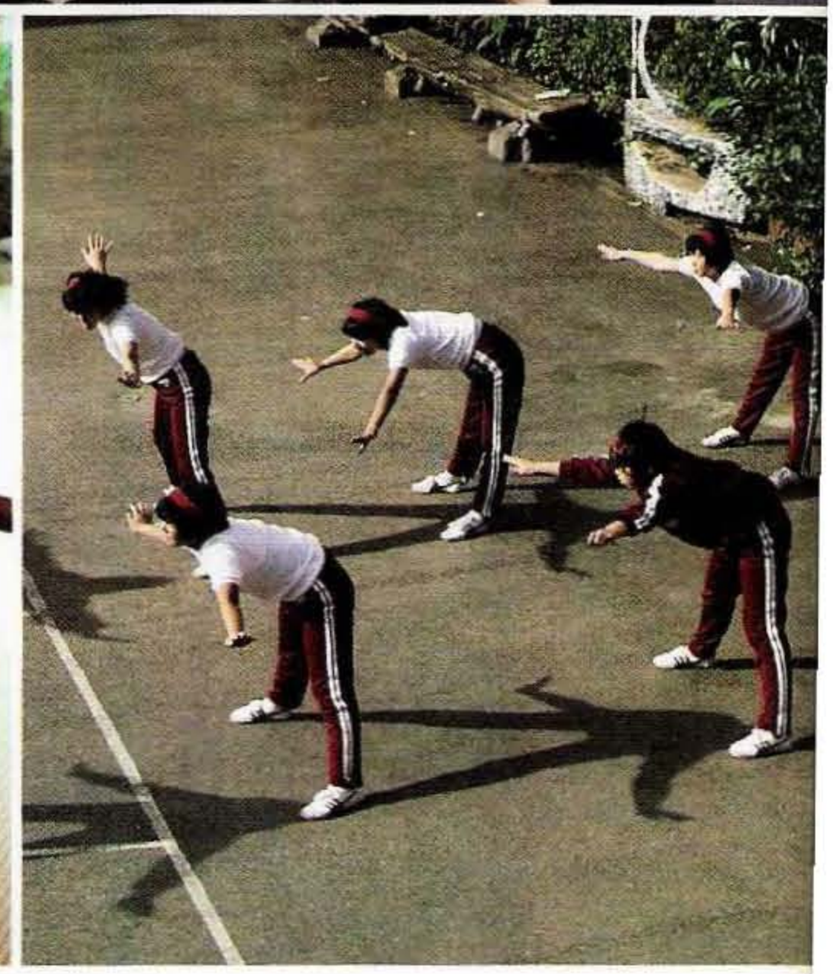






college, which means it is important to attend the best high school, and so forth.

Family life

If you were to ever visit a family in Japan, you might find it extremely difficult to locate their home. In Japan, houses are numbered according to when they were built. Therefore, No. 1 and No. 2 Main Street might be miles apart.

Teenagers spend a great deal of time at home because of studies. The differences between Western and Japanese home life become apparent from the moment you walk in the door.

When a person enters a home in Japan, he takes off his shoes in the entrance way before stepping up to the main floor. House slippers are sometimes worn instead.

Japanese homes are small, so each room must serve many purposes. In traditional rooms the floors are made up of 3 by 6 foot (about 1 by 2 meter) straw mats called *tatami*. In the daytime the family will set out a low table around which they can sit and watch television, study and eat.

At night the table is set aside, and the family's bedding is pulled from a nearby closet and laid directly on the *tatami*. In the morning, the bedding goes back into the closet and the table is set out again.

Most Japanese mothers stay at home, tending to household chores, raising their children and occasionally going out to shop. Society doesn't pressure women to seek careers outside the home.

Women are, however, expected to earn money in preparation for marriage. This is especially important, since the average cost of getting married in Japan is 6.68 million yen (about $27,000 U.S.).

The father's prime concern is his job. Often he leaves at the crack of dawn and doesn't return home from work until late at night. The average worker spends about three hours a day just getting to and from work. Most people live in the suburbs, far from the work place. They usually rely upon the efficient but crowded train network since heavy traffic can make car travel impractical. In the largest train station, two million people pass through each day!

Teenagers often don't see their fathers except late at night or on weekends.

When they do, generally it is at the dinner table.

Japanese food, unlike other Asian food, is usually not spicy. The Japanese enjoy subtle flavors. They make great use of soybean products and fish, since both are readily available.

A favorite treat is *sushi*, or raw fish. To some this may sound dreadful, but by the time a *sushi* master is finished with cutting and arranging the pieces of fish on little mounds of rice, it is both attractive and quite delicious.

Most of the time, Japanese teens are dressed in their school uniforms or Western-style sportswear. However, on special occasions, girls will dress up in the traditional Japanese attire, the kimono.

Leisure activities

Tokyo teenagers enjoy traveling, playing sports and shopping in their free time. Japanese teens participate in most of these activities with friends.

Above: The spectacular Kegon Falls, in Nikko, is the most famous waterfall in Japan. Visitors may also visit the nearby Toshogu Shrine. (Photo by Kevin Blackburn)

Mt. Fuji, a favorite travel spot, is a cone-shaped volcano that the Japanese have revered for ages. Tradition says that every Japanese should climb Mt. Fuji at least once in his life.

Nestled in the foothills of the Japanese Alps is the Toshogu Shrine in Nikko. This ornate shrine commemorates Tokugawa Ieyasu, and is home to the sculpture of the three monkeys — "see no evil, hear no evil, speak no evil."

If a sport exists, there is probably a club for it in Tokyo. *Kendo* (swordsmanship) and *aikido* (a martial art), as well as the more familiar cycling, skiing, table tennis and baseball, rate as favorites among Tokyo teenagers.

Japanese frequently exchange

(Continued on page 25)

Clockwise from bottom right: Bunkyo High School girls perform calisthenics. (Photo by Kevin Blackburn) Traditional Japanese rooms emphasize simplicity and order. Ornamental carp often decorate garden pools. Heavy traffic in Kyoto. A Japanese youth. School girls pose just outside a temple. (Photos by Greg S. Smith)

IDEAS PLUS

The Life and Times of — *You*

Have you ever felt like you needed some time to yourself, but just couldn't find it no matter how hard you looked?

Most of us have at one time or another. We all need time to reflect on what is happening in our lives, time to work out our personal problems, time to be alone.

So what can we do? Here's a solution discovered by thousands of people who just needed to get away: start a journal.

Now hold on a minute. A journal is not a diary — a record of facts and events recorded at the end of each day. A journal is much, much more.

A journal is you — your thoughts, your feelings, your emotions. It is not just a list of facts and events. A journal contains your world. It is you.

The only rule to keep in mind when writing a journal is — be creative! In other words, you can put anything you want in your journal. If you are inspired by something you read or see, write it in your journal. Put in your favorite poems, phrases, songs. Record events of the day or week and your reactions to them.

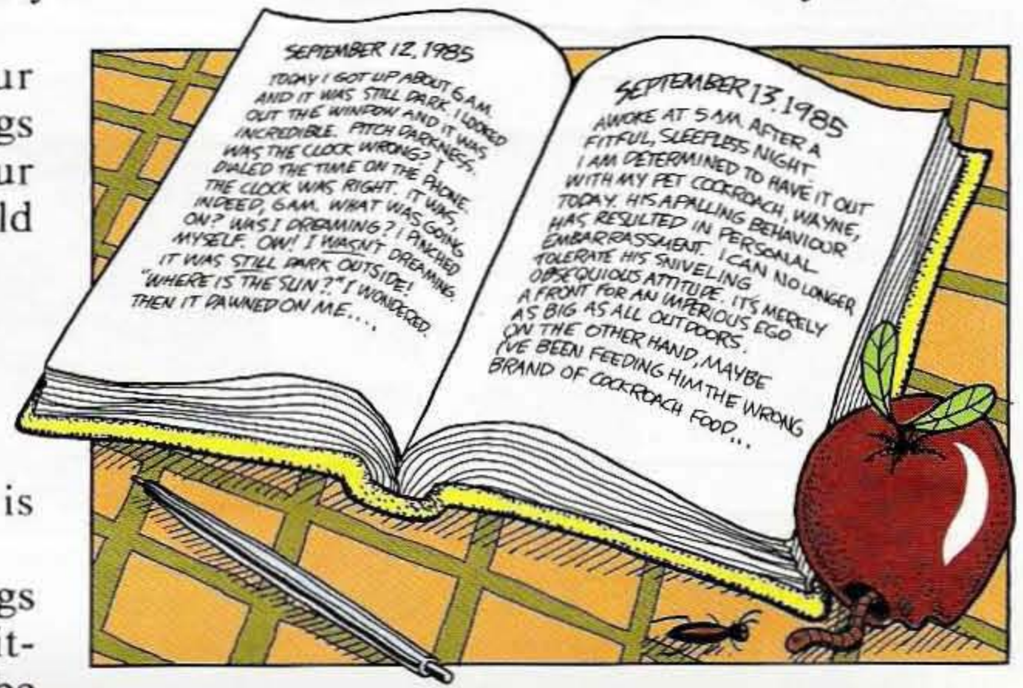
Write down your thoughts and feelings on happenings in your life or in the world around you. Write all about your friends, your parents, your family — every part of your life that is near and dear.

Write down songs or poems you've written. Draw pictures, be creative. A journal is your private world.

A journal can help you learn about yourself, so write about the real you. It will give you a much better understanding of what you are like.

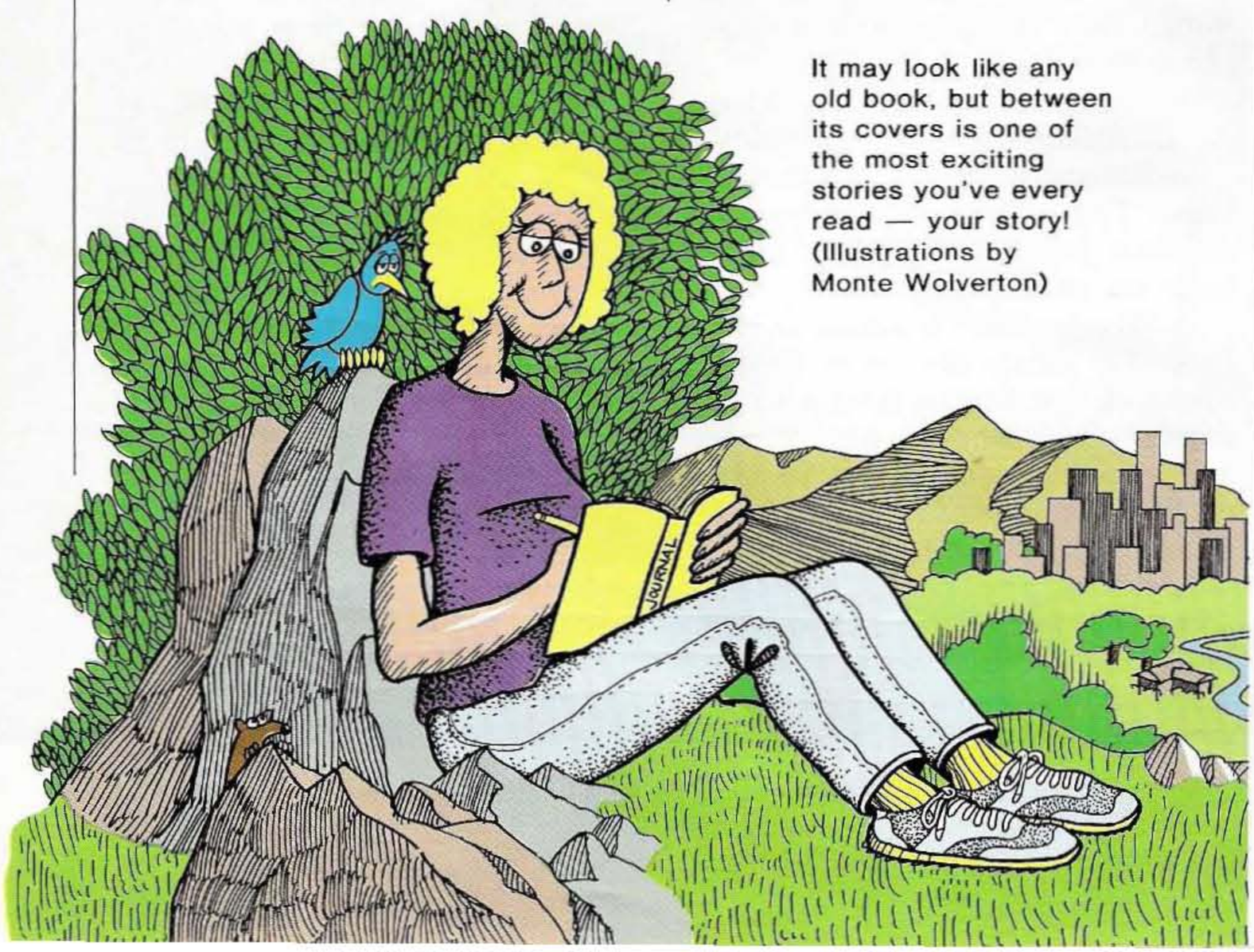
When you have a million things on your mind, write them in your journal. You can sort them out and put your thoughts in order.

A journal will bring back many fond memories over the years. You will find it interesting to look back and see how much you've changed over the weeks, months and years.



When you have a million things on your mind, write them in your journal. You can sort them out and put your thoughts in order.

Why not start a journal? You'll be glad you did. — *By Rick L. Shallenberger* □



It may look like any old book, but between its covers is one of the most exciting stories you've every read — your story! (Illustrations by Monte Wolverton)

'Thanks for the uh . . . What Is It?'

We've all heard the saying, "It's the thought that counts." But have you ever received a gift and didn't quite know what to do with it? Like an inflatable necktie, a can of glow-in-the-dark hair spray or an electric prune-pitter?

The truth is, as much as the thought counts, the gift should

count for something too. How do you choose the right gift? The task can be difficult, but there are some simple ways to make the job easier and the gift more appropriate.

The first and most obvious approach is to find out what the person needs. You can tell a lot about a person's needs just by seeing what he or she already does or doesn't have. It also pays to listen for comments such as "If I only had an electric sander, this job would be so much easier" or "That sure is a great record — I wouldn't mind having that one myself."

Be sure to ask the person's parents, family and friends for ideas.

Second, find out what interests the person has. What are his or her hobbies, favorite sports, favorite kinds of music? If you know the person well, you might already have the answers to these questions. If not, do some creative sleuthing.

Knowing a person's interests opens the doors for many choices of gifts. For example, if you know your friend loves gardening, buy a good book on the subject, find a couple of nicely decorated pots, buy a novel houseplant or make a macrame plant holder.

Any of these gifts would show this person you took some time to think about them when you bought or made the gift.

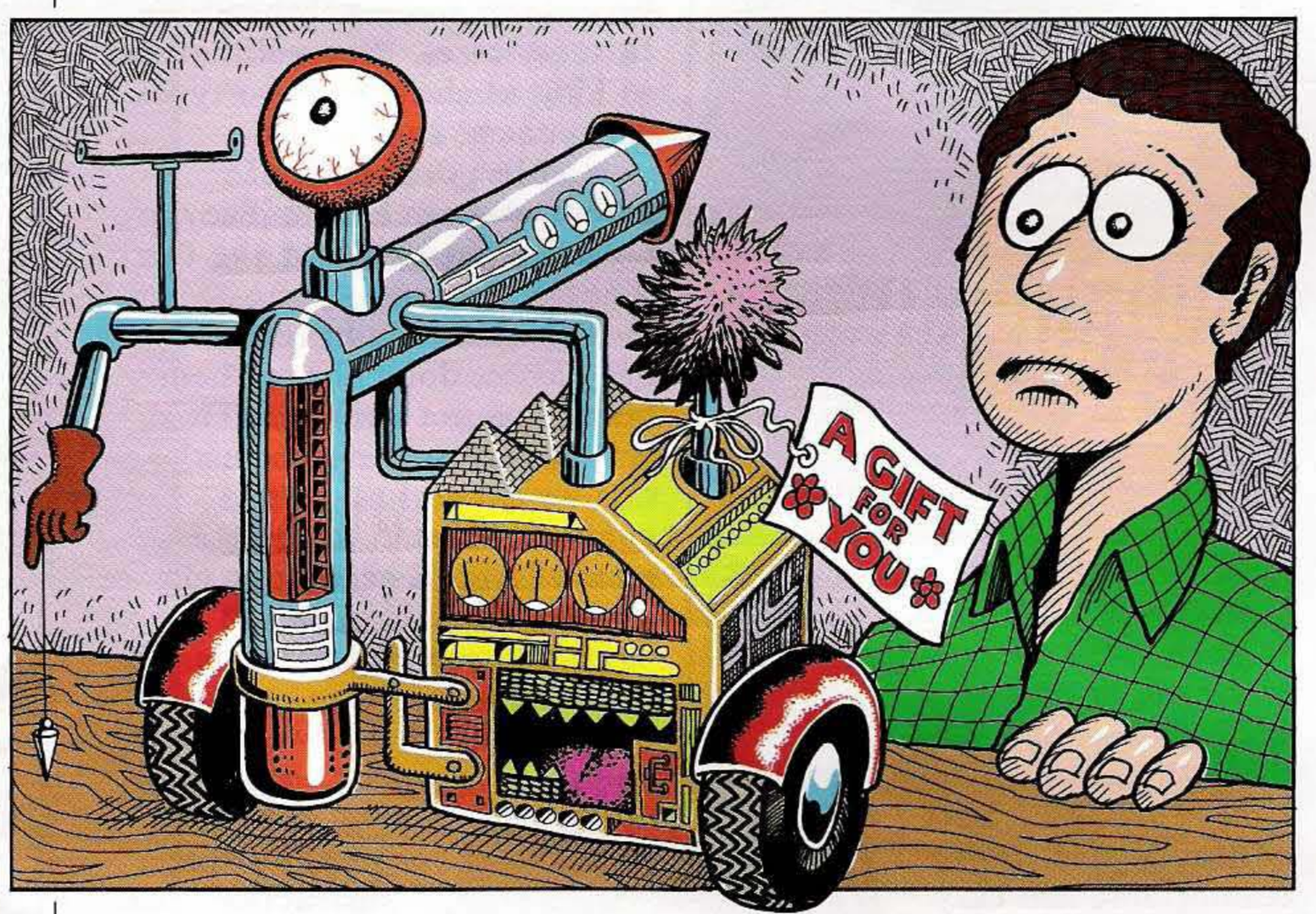
Be wary of gifts that send the wrong message. A monogrammed toothbrush, a box of dental floss and a pound of toothpaste might be exactly what Julia needs, but she'll probably wonder what you're trying to tell her.

Generally, it's best to avoid giving gifts that are too personal, such as jewelry and clothing, or not personal enough, such as money.

Spend time choosing the gift. A well-thought-out present is usually more meaningful to the recipient.

A gift that suits the recipient's personality, interests, tastes and needs shows that you took the time to think about the person and to study his or her likes and dislikes.

Knowing that someone else is concerned and interested is a gift everyone can use and appreciate! — *By Robert C. Taylor* □



Proverbs for Today: When the Running Gets Rough

She stumbled across the finish line and collapsed in a heap, her legs limp as rubber bands. Each time she was helped to her feet, she slumped back to the ground. She felt miserable!

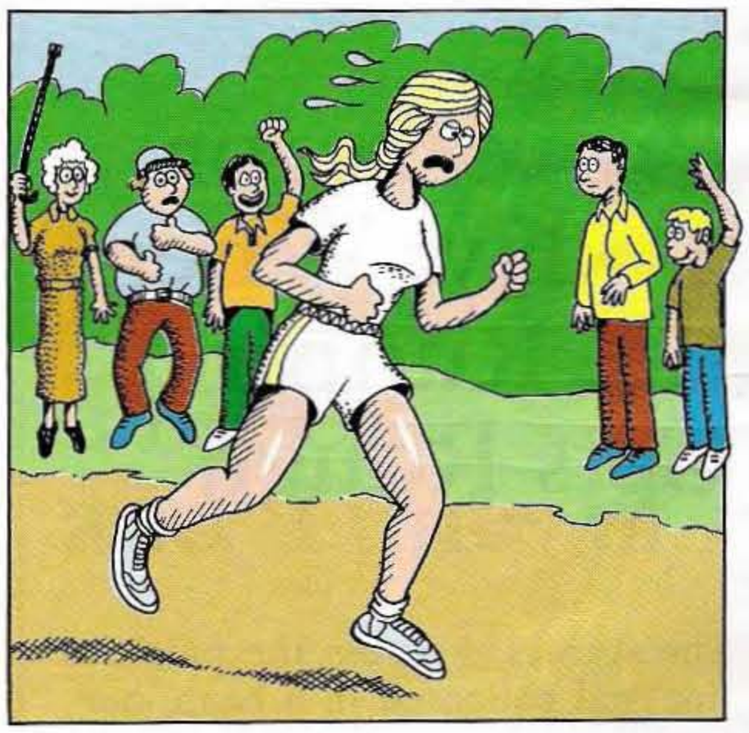
She'd had little time to train for the 1,500-meter (just less than a mile) run, making it a grueling event for her. But this 16-year-old came through with her best effort. She ignored the pain and finished the race.

Watching her, I thought of a runner who collapsed at the finish line during the Olympics' first-ever women's marathon, during the 1984 Games. Millions watched Gabriela Andersen-Schiess struggle through the final 400 meters (quarter mile), 15 minutes behind the winner — while suffering from heat exhaustion.

Each time judges tried to escort her from the field, she veered away from them. If one even touched her, she knew, she would be disqualified.

Struggling to maintain balance and stay on her feet, she was determined to finish. A worldwide audience watched in astonishment at her strength and tenacity in adversity. She received no medal, but became a hero of the Olympics because of her determination and endurance.

Three medical officials ran beside her during that last 400 meters. Later, one of them said: "As long as we felt she was moving forward, looking around, we thought she should be allowed to continue. It had to be the most courageous thing I've ever seen."



Proverbs 24:10 says, "If you faint in the day of adversity, your strength is small." This implies the need to reach deep for extra strength when facing obstacles in life.

Adversity takes many forms. Maybe you are facing some right now. If you feel your strength is small and you are tempted to give in, get help from others who are stronger. Parents, teachers or ministers may be able to help.

But don't forget that God will be your best ally. With His help and the help of others, you'll be able to stretch yourself beyond what you may think are your limits.

The girl I watched in that race and Gabriela Andersen-Schiess both showed the kind of grit and courage it takes to win life's battles. Don't faint when you must struggle with adversity. Get the help you need. Extend yourself. Be sure you finish that race! — *By Jim Roberts* □

Focus on Contact Lenses

It used to be if your vision needed to be corrected, you had one choice: glasses. Today you can still get glasses, but contact lenses have opened up several new options.

Let's take a look at what's available and how to decide which is best for you.

Just about anyone old enough to take care of them can wear contact lenses. Unless eye disease is involved, contacts can correct almost any eye problem — nearsightedness, farsightedness — even astigmatism, a problem where the eyeball is not round.

Hard contact lenses are made of a silicon base, making them rigid. One of their biggest advantages is their price, the lowest of the three major types of contacts.

Another advantage is their durability. According to Dr. Robert Eastland, an optometrist in Pasadena, California, hard lenses can last for years. A few of his patients are still on their first pair after 30 years!

However, some people find them harder to get used to than soft contacts and they have a tendency to "pop out" occasionally.

A newer variety of hard contacts, called gas-permeable lenses, allows oxygen through to the surface of the eye.

Daily-wear soft contact lenses are made of pliable plastic filled with microscopic holes that let tears and air flow through. Soft contacts are more comfortable and easy to get used to. Their prices have dropped so much that they aren't too much more expensive than hard lenses.

But they do require more care than hard ones. They must always be kept wet and require careful cleaning every night. They rip easily, so you must be careful when handling them. You can expect them to last from two to four years with good care.

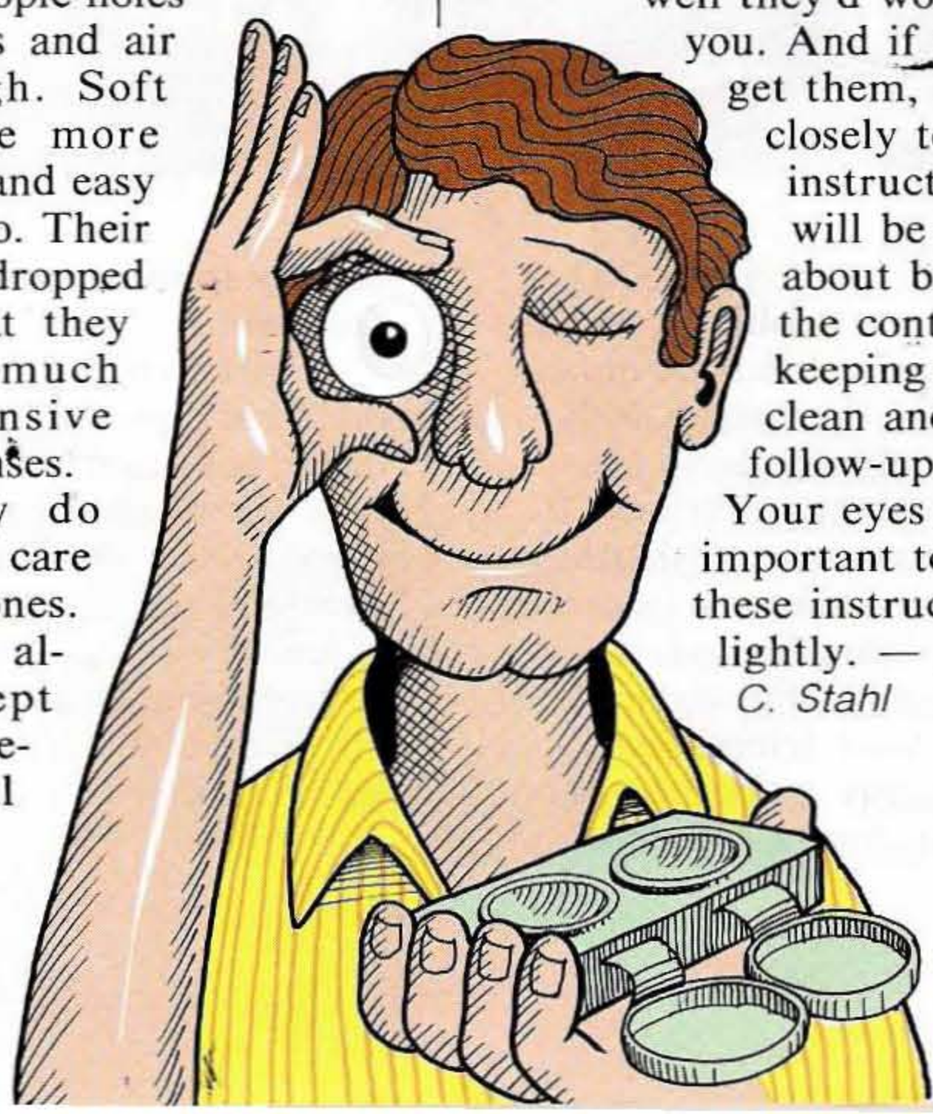
Extended-wear soft lenses are designed for a minimum of care. These lenses are from 55 to 70 percent water! The United States Food and Drug Administration says that they can be left in your eyes for 30 days. (Other contacts must be taken out before sleeping.) But some wearers find that they can leave theirs in longer before removing them for cleaning. Be sure you ask your own eye doctor for his opinion. He is your best authority.

Some eye doctors believe that problems associated with extended-wear lenses may be because of too much handling. In most cases, they will not last as long as the other two types of contacts.

Another drawback of extended-wear lenses: They are the most expensive of the three kinds of lenses.

If you already have eyeglasses, don't throw them out if you get contacts. There will be days when you just don't want to fuss with contacts. And if you lose a contact, you'll need your glasses as a backup.

Before you buy contacts, get your doctor's advice on how well they'd work for you. And if you do get them, listen closely to the instructions you will be given about breaking in the contacts, keeping them clean and follow-up exams. Your eyes are too important to take these instructions lightly. — *By Maria C. Stahl* □



Teen Bible Study

A Sneak Preview

By Richard A. Sedliacik

Imagine living in a world with newspaper headlines such as these:

"Streets Safe Day or Night!"
" 'Incurable' Diseases Cured!"
"Zero Divorce Rate!"
"Wild Animals Become Tame!"
"Military Drafts Eliminated!"
"World Peace at Last!"

Does it all sound too good to be true?

Your Bible foretells that a literal utopia will soon become reality on this earth — very likely in your lifetime!

Before we learn some of the exciting details of what this new world will be like, be sure to get your Bible, a pen or pencil and some paper. Reading and writing out the Bible verses that answer the questions asked in this study will help you remember the amazing things you'll be learning.

Let's first understand how this golden age will begin.

1. Will Jesus Christ, who is now at His Father's throne in heaven, return to this earth and set up the world-ruling government of God? Matthew 24:21-22, 29-30, Zechariah 14:3-4, 9, Daniel 2:44.

The perplexing problems of today's world — such as the threat of nuclear war, famine, poverty, immorality, crime, pollution and slums — have proven too big for humanity to solve. But the solutions are coming soon.

The Bible shows that after a period of great world trouble (called the Great Tribulation), Jesus Christ will return to prevent humanity from completely destroying itself. Christ will then set up the government of God on earth.

2. Will those who survive the coming time of trouble want to learn God's way of life? Isaiah 2:2-4, 11:9. Will they come to see "eye to eye" — to cooperate with one another? Isaiah 52:7-8.

In the world tomorrow, God's way of giving, helping and serving will spread everywhere as people are taught to live God's way of life. All crime, war, sickness and poverty will vanish as people learn to follow the way of God's law.

"Wild Animals Become Tame!" That's not a headline you see in the newspaper — yet!

Youth 85 photo

3. Where will the world headquarters of God's government — the future capital of the earth — be established? Zechariah 8:3, Jeremiah 3:17. Will it be an example to the entire world? Isaiah 62:1-2, 7.

The city of Jerusalem will become the headquarters of God's world government. No city of the past or present could equal the splendor and magnificence it will have.

4. What will the cities of tomorrow be like? Amos 9:14, Zechariah 1:17, Isaiah 60:18. Will there be happiness and joy in these cities? Zechariah 8:4-5, Jeremiah 33:10-11.

After Jesus Christ returns, many of the cities of this world, which will have been destroyed during the coming Great Tribulation, are going to be rebuilt (Ezekiel 36:33-35, Isaiah 61:4). Although we don't know many of the details of what these cities will be like, we do know that they will be well planned, because "God is not the

author of confusion" (I Corinthians 14:33).

The Bible also shows that there will be no poverty or violence in the new cities of tomorrow. And the evils that now result from overcrowding will not exist, because there simply will be no overcrowding (Isaiah 5:8).

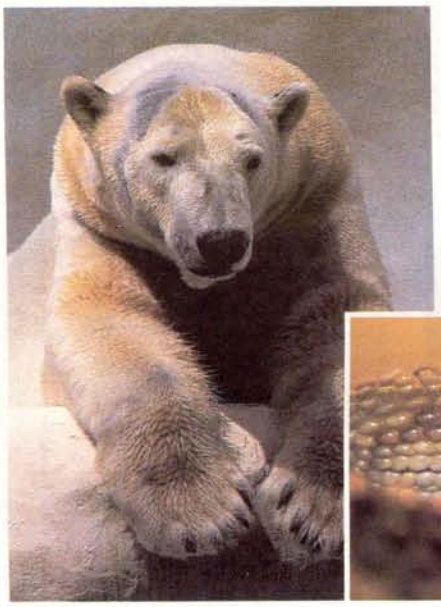
5. Will the old waste places and deserts be made fertile, and will beautiful forests spread in tomorrow's world? Read and summarize Isaiah 41:17-20, 35:1-2, 6-7.

Just imagine such a fabulous scene. Dry, sandy deserts will become green, fertile gardens of grass, trees and shrubs, with bubbling springs and brooks!

Today, most of the earth is unproductive — only about 10 percent of the land surface is actually good for growing food. There are many deserts, mountainous regions and wildernesses.

In the world tomorrow, much of the earth's land surface will become productive. Beautiful forests, farming areas, fish-filled lakes and streams will be found all over the world, with no more polluted rivers or ravaged landscapes.

6. Will there be one universal language understood and spoken by everyone in the world tomorrow? Zephaniah 3:9.



How would you like to have a pet bear or viper? In the world tomorrow, you could! (Photos by Kevin Blackburn)

One of the major barriers to cooperation among peoples and nations is lack of understanding. Can you imagine the advantages when all people everywhere can speak, read and write in one common language?

7. Will people own property in tomorrow's world and receive fair rewards for work they put in? Micah 4:4, Isaiah 62:8-9, 65:21-22.

8. Will God cause the laws of nature to help those who obey Him? Ezekiel 34:26-27, Malachi 3:10-12, Isaiah 30:23-24. Will there be great rejoicing about the abundance of crops and cattle? Jeremiah 31:12. Will there actually be a *superabundance* of food? Amos 9:13.

God will cause ideal weather to bless people for doing what He says. No longer will there be upset weather, droughts, floods, insect damage or agricultural diseases.

9. Will people live without fears or worries? Look at Micah 4:4 again.

Life will be enjoyable, comfortable and satisfying for people living in the world tomorrow, as they reap the benefits of living God's way of life.

10. What about the health of those who live in tomorrow's world? Will the deaf, blind, lame and dumb be miraculously healed? Isaiah 33:24, 35:5-6, Jeremiah 30:17.

Sickness and disease plague millions in the world today. But in the wonderful world tomorrow, the miraculous healing of all diseases and the teaching and practice of God's laws of health will result in radiant health for everyone!

11. Will God even change the nature of wild animals so that they will be peaceful? Isaiah 11:6-8.

Imagine living in a world where animals such as the bear and lion are tame and friendly. No one will be afraid to take a walk in the forest at night or accidentally step on a poisonous snake!

12. Will God's Spirit be available to all in the world tomorrow? Ezekiel 36:26-27, 11:19-20, Joel 2:28-29.

The Holy Spirit — God's own nature of outgoing concern for others (I John 4:16, Romans 5:5) — will be available to everyone. Because of having and using His Spirit, people will come to truly love God and fellowman. It is this change in human nature that will make tomorrow's world so wonderful.

Many of you now reading this study will live on into this new world of peace, happiness and abundance. You will have a chance to be pioneers in the wonderful world tomorrow!

In this short study, we have seen only a brief glimpse of what conditions will be like in the world tomorrow. To learn more, be sure to request our colorful free book, *The Wonderful World Tomorrow — What It Will Be Like.* See the inside front cover for the phone number or address nearest you. □

Dear Youth 85,

Practical Bible-based answers to the problems of growing up.

Q. I'm a 19-year-old girl. My problem is that a certain guy likes me whom I don't like. I can't seem to make him go away. I refuse most of the dates he asks me out on, but he still doesn't get the hint that I don't want to see him anymore.

A. He may not get the hint, but he probably would understand a direct statement if you were to make it. Let us explain.

Whenever someone becomes interested in another person romantically, the one who is interested hopes for signs of acceptance in the other person. He wants to be accepted so badly that his mind may even twist comments and circumstances so as to see the acceptance he longs for. For that reason, hints of disapproval or rejection might be missed or even interpreted in the opposite way they were intended.

If someone likes you and you have no interest, you probably owe it to him to tell him. If so, don't put it off or use mere indirect hints. Go to the person and in a kindly but direct manner state that you have no romantic interest in him and you don't wish to lead him on by continuing to date him. Be considerate of his feelings, but direct and plain. In the long run he will appreciate your candor.

For advice on how to tactfully get your point across, ask your father and mother. They'd probably be glad you asked.

Q. My dad always tells me that I worry too much about things. I see that he is right, but I don't know how to make myself stop worrying. I worry about everything — my grades, my looks, my health . . .

A. The good news is, just because you have a tendency to worry, doesn't mean that you will always be a worrier.

One way to stop worry is to learn to face your fears. That is, if you fear or worry about drowning, then take a class and learn how to swim. If you're worried about a term paper, get started right away and ask for help from the teacher. Face your worries and you can overcome them.

Another key to overcoming worry is to realize that worry is a habit. And, like other habits, it can be broken. To help break the habit simply refuse to allow yourself to think about a subject over and over. This is hard at first, but the more you do it, the easier it becomes. To move your mind off the worrisome topic, try thinking of something else that is pleasant and of great interest to you.

The ultimate solution to those worries you can't do anything about, and even the ones you can, is faith. Faith is the belief that God is a good God who will guide your life and help you when you need it. True faith comes from God's Spirit. God's Spirit can work with us if we pray regularly for His help.

Worry is simply one of many common human faults that can and should be overcome with hard work and effort.

Q. Please print this. I hope it might make someone stop and think for a minute.

Reading the letter in the June-July issue about the kid who did whatever he or she wanted while his or her parents didn't care at all really stirred up some feelings for me.

I'm just 14 and my parents won't let me date — I did anyway, thus losing my virginity. My parents would've died if they found out I took drugs and drank alcohol. They care about me; I know that now, but I sure didn't know it then. I just thought they were out of it.

I started drinking "for the fun of it" in the sixth grade. I was drunk every weekend by the seventh grade and it was starting to show by the first of the eighth grade. I didn't care if I failed, killed someone or died myself. I *hated* all authority.

I've graduated from the eighth grade, and I've straightened up now that I have realized what a fool I was. Yes, there are people who have graduated from high school and are still wild as ever. I'm glad I won't be one of them.

Those who read this, if they are anything like I was, will probably snort and won't pay any attention to it. But they'll find out one of these days it's just not worth it!

A. Thanks for your letter. □

We welcome your questions and will excerpt as many as possible. Sorry we can't answer them all. Answers are prepared by Bernard W. Schnippert, a minister of the Worldwide Church of God. Address your questions to "Dear Youth 85,*" 300 W. Green Street, Pasadena, California, 91129.*

MORE THAN PETS

(Continued from page 12)

genuine concern for them.

A world-famous elephant trainer explained that when he hires new grooms, the elephants give them an entrance examination before they fully accept them. For the first week to 10 days the elephants tease the new workers persistently and take little notice of anything they tell them to do. And occasionally the elephants give them wallops with their trunks.

This, says the trainer, is simply the elephant's way of testing character and genuineness. If the new worker takes it all in stride, then after a few days the elephants decide he's all right and settle down. If he loses his temper, or displays impatience, the teasing will continue until they make it quite plain they don't want the new man around. Once or twice the trainer has had to fire conscientious workers simply because the elephants didn't like them.

The best performing animals are those who are happy and contented and so the quality of their performance depends directly on how well they are looked after. Only an animal that is happy and well cared for will give its best.

Are there things you could be taught by your household pet? There is much we can learn from animals! (Photo by Anderson Alleyne)

Caring

One well-known judge of performance horses said that when he is judging, he always looks for the horse that comes into the judging ring with a happy look. Over many years he has observed that this is the horse that usually comes out the winner, provided other requirements were right too.

If the horse is not well-ridden or taken care of, it is not going to be relaxed and won't work as well as it can. And to be able to listen to its rider, the horse must have every confidence to know he isn't going to be hurt.

Traits we should have

When you think of it, the traits these animals show — loyalty, genuineness and caring — are traits your friends like to see in you too. They are traits that are important in every type of relationship.

It is easy to sentimentalize animals by misreading human thoughts and feelings into their actions.

But it is just as easy to err the other way, forgetting that they do have certain positive and important character traits — traits that our Creator wants us all to have. In that respect there is much that we can learn from our animals. They are far more than just pets! □

Chuck, the Watchlizard

Not long after my family moved to the desert, my older brothers captured and tamed a foot-long (about 30 centimeters), two-tailed chuckawalla. This stout, fierce-looking lizard soon became our family pet.

As a 3-year-old, I would frequently carry, chase and pester the poor lizard. Chuck, as we called him, was really quite tolerant. He could have easily used his powerful jaws to send me away screaming.

One day my family removed a partition to make more room in our newly acquired apartment. I was playing nearby. As my parents and brothers were discussing the next stage of the project, Chuck began to hiss excitedly. He puffed up his body as though he was ready to attack something. Everyone turned to see what the commotion was all about.

"Look, there's a scorpion!" Mom shouted as she yanked me out of the way. Thankfully, Chuck had spotted the large, venomous creature before I had a chance to go play with it. Because I was small, a scorpion sting could have killed me.

Our two-tailed friend wouldn't fetch a stick, roll over or ring bells — but that day he more than proved his worth. — *By Robert C. Taylor* □

TALK TO

(Continued from page 14)

into this trap at times.

Gossip is spreading little mistakes or faults around by telling them to others. If we always go to others about the mistakes our friends make, we are guilty of gossip and will soon lose what friends we have.

To cover a transgression means to forgive and forget about it. Some things *can* be let go and ignored. This will help us keep the friends we have.

The best friend

There is one friend common to all of us, who is the ultimate example. He loves everyone constantly and has special concern for the underprivileged. He looks for the needs in everyone he sees and he doesn't leave his friends alone.

This great friend is the author of forgiveness and nobody can cover a sin like he can. Gossip? No way! He won't even remember other people's mistakes once they say they're sorry and change!

If you haven't guessed by now, that best friend of all friends is God. How can you get to know Him? How can He really become one of your friends? Easy! Just ask Him.

God is ready and willing to answer you when you ask Him to help you and when you ask for His friendship.

You can learn to talk to Him (see "Your Royal Invitation," *Youth 84,* April issue). You can also learn to listen to Him by studying His Word as in the "Teen Bible Study" in each issue of *Youth 85.*

If you'd like more information on how to get closer to our great Creator, and if you'd like to know what He has to offer you in the future, write or call and request our free booklets, *Does God Exist?* and *Why Were You Born?* You'll find the address nearest you and the toll-free number inside the front cover of this magazine. □

TOKYO

(Continued from page 17)

gifts, so shopping is a popular pastime for many Tokyo teens. Because of the crowded conditions and high price of land in Tokyo, some shopping centers have been built underground!

Though sports, travel and shopping often become dating activities, the most common date is to go to a *kissaten* (pronounced, key-sah-ten). *Kissatens* are unique to Japan and are like an elegant coffee shop. Coffee is expensive (200-500 yen, about $1.50 to $2 U.S.); however, once it is purchased, there is no pressure to leave or reorder when customers finish.

Teens often spend two or three hours talking or just enjoying the atmosphere of each *kissaten.* Some *kissatens* are furnished with international antiques; others provide informal entertainment such as jazz music or poetry reading.

Many Japanese teenagers are able to pay for these activities because of their part-time jobs. Teen employment, particularly in restaurants and stores, is a vital part of the Japanese economy.

Tokyo teens often regret the intense pressure to perform well in school. At times the studying can be a tremendous burden. Most, however, agree that the reward of lifetime employment makes the effort worthwhile. Besides, there is generally still time for travel, sports and leisurely talks at the *kissaten.*

At night, neon lights flash the names of companies known worldwide for their modern products. But, the sight of a woman in a kimono, a crowded *sushi* bar during the lunch hour and the orderly array of shoes in the entryway of a home all serve as a reminder that the past is not far away in Tokyo. □

Editor's note: The author, Kevin Blackburn, is a Plain Truth *magazine staff member and frequently travels to the Orient. He is studying Japanese language and culture at UCLA.*

Letters

(Continued from inside front cover)

her say, "See, this is what I've been trying to tell you all these years." Then I can tell her how much I've come to appreciate her guiding hand.

Kristy Schnoor
Pine River, Minnesota

Make your own rainbow

On page 16 of your magazine for May, 1985 — the rainbow data. What I wonder is, why don't you fix your own rainbow in the middle of the day, in your yard?

I recommend for you, at midday, to take a pressure water hose in your hand and stand with your back turned toward the sun, and if you want a pot of gold at the end of the rainbow, put it there on the land, and turn the hose on fine spray! And watch that rainbow develop right there before your own eyes.

J.F. McClellan
Delco, North Carolina

Cry for help

I just wrote to thank you for your article "When a Friend Cries for Help" in "News That Affects You" (*Youth 85,* March).

A friend of mine tried to kill herself a couple of months ago. A few other friends of ours got angry with her. Now she says I'm her only friend.

I thought that people who talked about committing suicide never did. Your article told me otherwise! Now I'll heed my friend's calls for help!

Your article really hit home. Thanks for opening my eyes.

L. Fosler
Seward, Nebraska

"A Career That Counts"

Congratulations on the March *Youth 85* article, "How About a Career That Counts?" As a recently qualified Chartered Accountant (CA), I was pleased to read an article that encouraged young people to investigate a career in accounting.

Allow me to encourage your readers to not disregard training for an accounting career if it does not appear interesting at first glance. In my first few years at university, I can recall having little interest, if not outright disdain, for the study of accounting. Once I tried a course, however, I liked it. Now I have an enjoyable job with a "Big Eight" accounting firm that provides a measure of financial security for my family.

S. Brent White
Fredericton, New Brunswick

DON'T Teach You

(Continued from page 6)

something about these things. To do that, you have to find a source of information you can trust. I hope that your parents will be one such source. And I also hope that *Youth 85* will be another one. Quite frankly, the reason *Youth 85* exists — and thrives — is that the type of knowledge it offers (about the really important subjects) doesn't exist in the schools! It is precious knowledge indeed.

When I graduated, I was 110 out of 430. That's not horrible, but it's not great either. When you graduate from high school you will find out where you rank. You may do better or you may not do as well. I encourage you to do the best you can.

Still, if you are really smart, you will realize that high school will not teach you many necessary things about life, and that you therefore must learn them elsewhere. Further, you will then do something about it and try to learn them.

And if you do, you will find that, in the most important things at least, you are indeed at the top of the class! □

READER BY-LINE

First Impressions

By Karen McCutchan

BRRIINNGG! The school bell rang at 8 a.m. I didn't know anybody except for my friend Shirley in the crowd of seventh graders.

I felt very uncomfortable because everyone knew everybody else except for Shirley and me. It was my first day at a brand new school.

How I wish I was at my old school! I thought. At least I knew my classmates. All my old friends teased me when they found out I was going to a different school than they were. I tried hiding my acceptance letter so that I might not have to go, but that didn't work.

I sat down next to Shirley in the unfamiliar classroom. I had heard so many things about my new school. I looked around and noticed the girls. Their hair was perfect and they sat straight with their hands folded.

I'm never going to get along with girls like that, I thought. Someone who had gone to this school said that even if you dropped your pencil you got punished. I know I'm not going to like it here, I decided. My thoughts were interrupted by the teacher.

"Good morning," he said with a great big smile. "Why don't we begin the year with everyone standing up and introducing him or herself?"

Oh, no! I thought. I didn't have to do this at my old school!

I started to break out in a cold sweat when Shirl got up and gave her little "icebreaker." Then I got up and gave my name, age, and a little background about myself. I was relieved when it was over.

The girl next to me got up and said in this high, squeaky voice, "My name is Jolene, but if you can't remember that you can call me Jo."

What a snob, I thought. Shirley and I looked at each other and chuckled.

After that class, we had 10 minutes to get to our next one. During that time Shirley and I evaluated the whole class. We pointed and stared at the students walking by. Hardly any of our evaluations were good.

A week went by and things weren't going too bad. I wish people were more friendly, I thought. It was hard meeting new people. I only met a couple of kids in my class and they were pretty nice.

A month went by and then the semester came. So far no one had been punished for dropping a pencil. It was hard, but Shirley and I met more of our classmates, which made school enjoyable.

Finally, the last day of school came. It was sad leaving my new friends for the summer. I even cried. I wished I could go back to the first day and meet my friends earlier than I did.

I learned a lot of things my first year at this school. The first thing I learned is, don't make judgments based on rumors. The only reason I didn't like this school was because my friends teased me and someone who didn't like it told me lies.

Second, don't be hardheaded. If I hadn't been so stubborn, I would have gotten along better with my classmates and liked my school sooner than I did.

Last, but not least, it takes more than 10 minutes to fairly judge a person. You know the saying, "Don't judge people on first impressions." Give them a chance to show their real personality.

By the way — that girl who wanted people to call her Jo? Well, today she's one of my very closest friends! □

Editor's note: The author, age 17, is from Pasadena, California. If you would like to submit an article for this section, send it to: "Reader By-Line," Youth 85, *300 W. Green St., Pasadena, California, 91129.*

YOUTH ON CAMERA

These hairy subjects sat still just long enough for 16-year-old Michelle Osborne of Lower Templestowe, Victoria, Australia, to win first place in the nature category of a national photo contest.

'I'm Not an MCP!'

By Dexter H. Faulkner

Hold it! Stop! Wait a minute! Dexter H. Faulkner is *not* a male chauvinist pig.

My article "Beware of Mistaken Identity" in this column in February was written to help steer young people's minds out of today's sexual confusion, not to put down women.

But let me quote from a letter from Tonya H. who definitely felt otherwise.

"Your article 'Beware of Mistaken Identity' was biased and misleading. Did you forget to mention that Tootsie, the character in the movie, helped women to stop being passive and submit to the evil manipulation of men?"

I'd like to share with you my answer to Tonya, because some of you may have reacted to the article in the same way.

Alarming trend

Perhaps you aren't seeing daily what I see here in Los Angeles and other California cities (also rampant in London and European cities), but the trend toward homosexuality is alarming.

Tonya said that the breakdown of sex roles has not left her confused. I'm happy to know that she isn't confused. I wish I could say that about many other young people. As for the movie *Tootsie,* I'm sure it had its redeeming values, but the point I was trying to make was that men should not be dressing and acting like women.

After quoting I Corinthians 14:30-33 that says God is not a God of confusion, Tonya wrote: "The passage, strangely, mentions nothing of God's desire for people to avoid confusion in the manner of their dressing. Also bizarre is that the author did not back up his statements of what 'God wants' with numbers of scripture."

Forgive me for not quoting Deuteronomy 22:5:

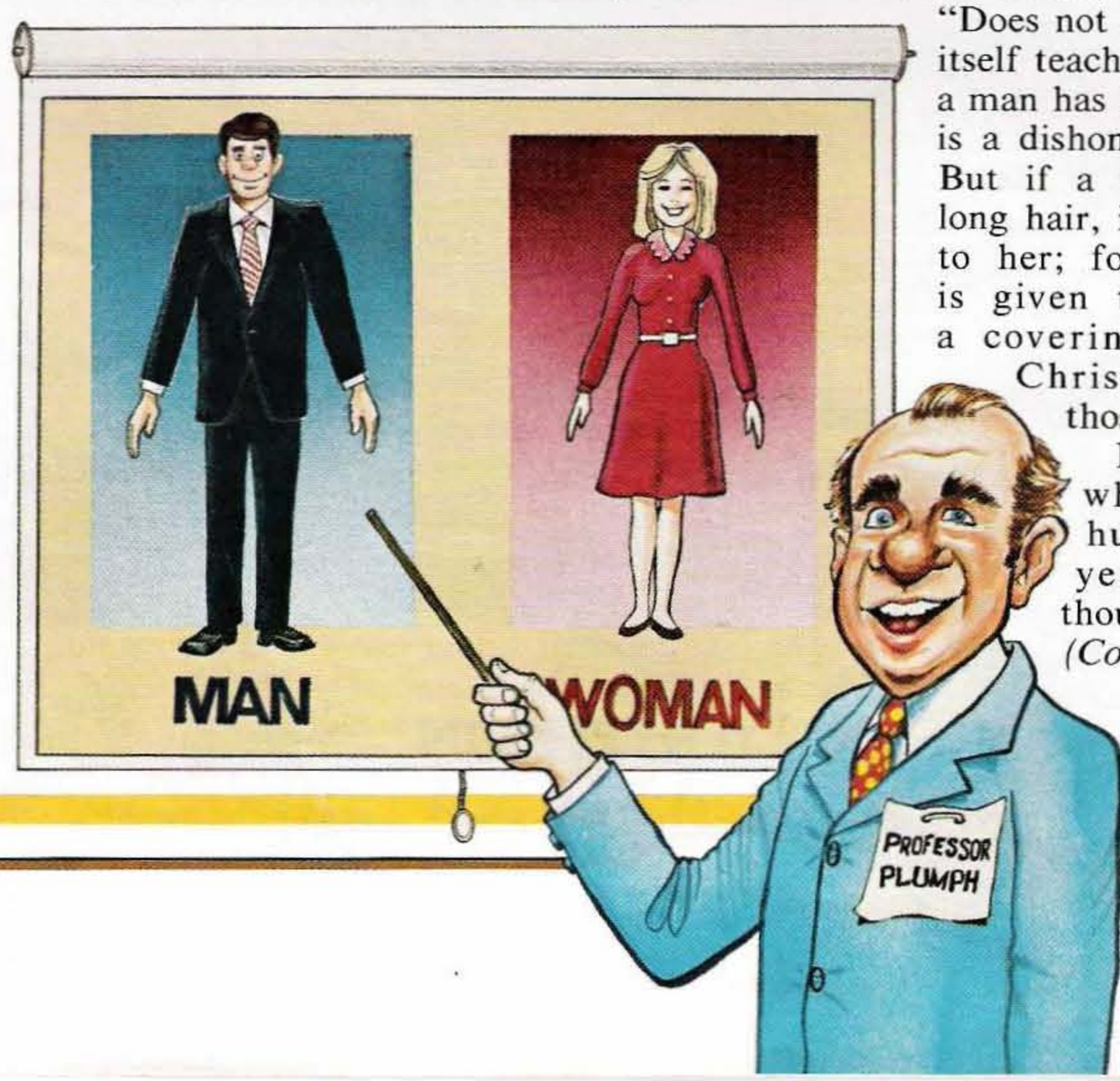
"A woman shall not wear anything that pertains to a man, nor shall a man put on a woman's garment, for all who do so are an abomination to the Lord your God." God plainly says what He wants.

That doesn't mean that women can't wear jeans when they are working in the yard or doing some other such job, or just for relaxing. But just like in Bible days, and in the Middle East today, the garments of men and women are different, robes or not.

Again, Tonya wrote: "The author stated that men and women are to dress differently, and that men are to have shorter hair than women. However, Christ is portrayed as having long hair . . ."

Jesus Christ being depicted as having long hair is a whole other article. Please read what Paul, an apostle of Jesus Christ, wrote in I Corinthians 11:14-15: "Does not even nature itself teach you that if a man has long hair, it is a dishonor to him? But if a woman has long hair, it is a glory to her; for her hair is given to her for a covering." Jesus Christ inspired those words.

No matter what artists hundreds of years later thought, Jesus *(Continued on page 29)*



Differences between men and women are highlighted in this cartoon look at sexual identity. (Illustration by Bruce Hedges)

Not an MCP!

(Continued from page 28)

Christ did not have long hair. For a full explanation, call or write for our free reprint, "Did Jesus Have Long Hair?"

Tonya went on to say: "God has blessed women with intelligence, and if the intelligence was never to be used to benefit humanity — many women hold responsible, important, outside-the-home positions — then why didn't God just make women mindless bodies that were not possessed of intelligence beyond that of a dog?"

Many women that I know would be highly offended at Tonya's suggestion that those who have chosen marriage and motherhood as a career could have been created as "mindless bodies not possessed of intelligence beyond that of a dog." That is just another of the tragic fallacies foisted upon women today. Not all women are fooled. They know they don't have to "hold responsible, important, outside-the-home positions" to prove their intelligence and worth.

What greater benefit to mankind is there than training and instructing, molding if you will, the next generation?

Successful women

I work with women who have, many times because of economic reasons, done both. Before they married and had children, they worked outside the home. After becoming mothers, they put all their energies into professionally rearing and instructing their children and running their homes.

Other very successful women I know have never worked outside the home. These women prove their intelligence and worth wherever they are and in whatever they do.

Women of the last generation in particular have been expressing their anger at the wrongs perpetrated against them by men. I have to agree that their complaints are many times correct. But this is not God's world. God is no respecter of persons. Those following Him have no need to fear that He is partial to either sex.

"For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus" (Galatians 3:27-28).

And His is the example I try to follow. Please forgive me if I have offended any of you readers, but I won't apologize for trying to slow down such a perverse trend when its tragic results are so apparent all around us.

P.S. I appreciated Tonya's letter. It was well-written and thought-provoking. After all, it inspired this column. Any of you readers who would like to pass along your comments — suggestions, complaints, whatever — please know that they are welcome. □

'They Say I'm Shy'

(Continued from page 10)

order to hide their insecurity.

This fear of people is often from not having been taught the social skills and graces to confidently handle people situations. For example, often those considered shy haven't been taught how to start and continue a conversation, ask for something important or speak up in front of others.

The pros and cons

Shyness has some desirable character traits. Some shy people are content to stay that way because they have discovered the benefits of being reserved, retiring, unassuming, modest and even sophisticated. Shyness is often seen as being discreet and introspective. And this helps privacy and trust.

Shy people are rarely involved in intimidating people, being overbearing or forcing their way on others.

Shy people tend to be selective in relating to others. They stand back, they observe and they act cautiously and deliberately. They often seek to avoid conflicts and can be valued as good listeners.

But there are drawbacks. Because they generally avoid confrontation, shy people often fail to take the initiative when action is called for. As they also generally fail to freely express themselves, they may be less effective in shaping the world.

Shy people are generally reluctant to bargain and negotiate. They may also avoid asking for help with personal problems and so miss the benefits of others' expertise and wisdom.

Labels can be changed

Somewhere in your past, someone may have tagged the label *shy* on you. But it isn't carved in granite and it can be changed. Here are some pointers:

1. Recognize your strengths and weaknesses and don't waste energy and time feeling sorry about how others label you.

2. When you need information, take the chance to practice talking to people. For example, call department stores to check on sale items and prices. Call the library and ask the reference librarian for some facts and figures. Some find that using the telephone allows them to practice talking to people without the additional pressure of facing them in person.

3. Dress and groom in ways that make you feel comfortable and at ease. When you feel positive about yourself, you also feel more capable of handling life.

4. Be first to say "hello" to your friends. Smile and say a few cheery words. They will be pleased that you were eager to talk to them. Give sincere compliments. It is an easy way to start a conversation and it helps others as well as yourself.

Be encouraged with the positive side of a controlled shy nature. Work to overcome weaknesses. Seek to become the unique, fulfilled person God's creative hand meant for you to be! □

Coming Attractions

...IN FUTURE ISSUES

Victory at All Costs?
Old cliches like "sports build character" can seem out of date in today's competitive world. *Is* winning everything?

Smokin' and Chewin'.
A look at what teens and scientists are saying about the tobacco habit.

They Told Him Not to Do It!
But he did it anyway — and it ended in disaster for him and his bride.

Wet Pets.
There's something fishy about this hobby!

Super Sitter.
You can impress the kids (and parents) when you baby-sit.

If You Were God...
How would you look at this world today?

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